

Cryin' Angel

拍數: 0 牆數: 0 級數:
編舞者: Carol Jasper (AUS)
音樂: Angels Crying - E-Type



Sequence: ABC, ABB, A(1-32),B

PART A

HEEL SWITCHES, RIGHT LEFT CROSS HEEL JACK, ½ TURN UNWIND

1&2& Extended right heel forward, right together, extended left heel forward, left together
3&4& Cross right over left, step left to left side, extended right to right diagonal, step right together
5&6& Cross left over right, step right to right side, extended left to left diagonal, step left together
7-8 Step right across left, unwind ½ turn left

LEFT COASTER, FORWARD SHUFFLE, CROSS ROCK, SAILOR ¼ TURN

1&2 Step back on left, right together, step forward on left
3&4 Shuffle forward with right, left, right
5-6 Cross rock left over right, recover onto right
7&8 Make a ¼ left turn, with left behind, right in place and step left to left side

REPEAT ALL OF THE ABOVE

17-32 Repeat 1-16

CROSS SIDE ROCK TWICE, CROSS ROCK, SIDE ROCK

1&2 Cross right over left, rock left to left, recover onto right
3&4 Cross left over right, rock right to right, recover onto left
5-6 Cross rock right over left, rock back on left
7-8 Rock right to side, recover onto left

CROSS ROCK SIDE CHASSE, CROSS SIDE COASTER ¼ TURN

123&4 Cross right over left, recover on left, chasse right, left, right
567&8 Cross left over right, step right to right, ¼ left turn step back on left, right together, left forward

CROSS SIDE ROCK TWICE, CROSS ROCK, SIDE ROCK

1&2 Cross right over left, rock left to left, recover onto right
3&4 Cross left over right, rock right to right, recover onto left
5-6 Cross rock right over left, rock back on left
7-8 Rock right to side, recover onto left

ROCK RECOVER, ½ TURN SHUFFLE, ROCK COASTER

1-2 Rock right forward, recover weight on left
3&4 Turning ½ right, step right forward, step left together, step right forward
5-6 Rock left forward, recover weight on right
7&8 Step left back, right together, step left forward

PART B

KICK BALL CHANGE TWICE, SIDE ROCK, BEHIND, SIDE, CROSS

1&2 Kick right forward, step back on right ball, bring left forward
3&4 Kick right forward, step back on right ball, bring left forward
5-6 Rock right to right, recover onto left
7&8 Step right behind left, left to side, cross right over left

KICK BALL CHANGE TWICE, SIDE ROCK, BEHIND, SIDE, CROSS

- 1&2 Kick left forward, step back on left ball, bring right forward
- 3&4 Kick left forward, step back on left ball, bring right forward
- 5-6 Rock left to left, recover onto right
- 7&8 Step left behind right, right to side, cross left over right

SIDE BEHIND ¼ SHUFFLE, PIVOT ¼ TURN CROSS SHUFFLE

- 1-2 Step right to side, step left behind right,
- 3&4 ¼ turn right, shuffle forward right, left, right
- 5-6 Step left forward, pivot ¼ turn right
- 7&8 Cross left over right, step right ball to right, cross left over right

HINGE ½ TURN, FORWARD SHUFFLE, ROCK COASTER

- 1-2 ¼ left turn, right foot step back, ¼ left turn, step left to side
- 3&4 Shuffle forward right, left, right
- 5-6 Rock left forward, recover weight on right
- 7&8 Step left back, right together, step left forward

33-64 Repeat 1-32

PART C

CROSS SIDE, BEHIND SIDE CROSS, ROCK RECOVER, CROSS SHUFFLE

- 1-2 Cross right over left, step left to left,
- 3&4 Step right behind, left to left, and cross right over left
- 5-6 Rock left to left, recover on right,
- 7&8 Cross left over right, right ball to right, cross left over right

SIDE BEHIND ¼ SIDE SHUFFLE, PIVOT ½ TURN, FORWARD SHUFFLE

- 1-2 Step right to side, step left behind right,
- 3&4 ¼ turn right, shuffle forward right, left, right
- 5-6 Step left forward, pivot ½ turn right
- 7&8 Shuffle forward left, right, left

17-32 Repeat 1-16

PART D: (ENDING)

Cross right over left, unwind left ½ turn and face the front
