

拍數: 48 牆數: 2 級數: Intermediate

編舞者: Noel Castle (AUS)

音樂: Crying - Roy Orbison & k.d. lang



FORWARD, COASTER FORWARD, BACK - COASTER BACKWARD, FORWARD, ½ TURN LEFT

1-2&3-4 Step right forward, step left forward, step right next to left, step left back, step right back 5&6-7-8 Step left back, step right next to left, step left forward, step right forward, pivot ½ left and

transfer weight to left

LUNGE, RECOVER, TRIPLE STEP ¾ TURN RIGHT -- LUNGE, RECOVER, TRIPLE STEP ½ TURN LEFT On lunge, leading knee is bent and over toe with leading arm extended over leading toe

1-2 Step/lunge right forward 45 diagonal right, recover weight to left while bringing right toe to

touch next to left

3&4 Triple step right, left, right in place making a ¾ turn right

5-6 Step/lunge left forward 45 degree diagonal left, recover weight to right while bringing left toe

to touch next to right

7&8 Triple step left, right, left in place making a ½ turn left

SIDE AND BEHIND, SIDE AND BEHIND, SIDE AND BEHIND, FORWARD, 1/2 TURN RIGHT

Push ball or right foot side, recover left, cross/step right behind left
Push ball of left foot side, recover right, cross/step left behind right
Push ball of right foot side, recover left, cross/step right behind left

7-8 Step left forward, pivot ½ right and transfer weight to right

EXTRA TAG WHEN USING "CRYING" (FIRST TIME ONLY) BALL-STEP, HOLD, HOLD, HOLD

&1-4 Small step on left ball of foot, step right forward, hold, hold, hold (the word "stop" will be in the

lyric)

SWAY 1/4 TURN LEFT, SWAY, FULL ROLLING TURN LEFT -- TWO FULL PADDLE TURNS RIGHT

1-2 Sway/step left back, making ¼ turn left, sway right

3&4 Step left side starting left turn, step right side continuing turn, step left side completing full

turn left

5& Step right forward starting turn, put left ball of foot behind right and take weight completing ½

turn right

6& Put weight on right, continuing turn, put weight on left completing first full turn right

7&8& Repeat steps 5&6&, completing the second full turn right (keep feet tight together to make

these two turns.)

BACK, BACK, SHUFFLE BACK, BACK, SHUFFLE, BACK, BACK

1-2-3&4 Walk right back, walk left back, shuffle right, left, right back (raise arms from sides to waist

height)

5-6&7-8 Walk left back, shuffle right, left, right back, walk left back (lower arms to side)

FORWARD-LOCK, FORWARD-LOCK, FORWARD - 1 ½ TURN LEFT, BALL-CHANGE Angle body to face 11:00 on forward-lock steps

1& Step right forward, lock left behind right2&3& Repeat steps "1&" two more times

4 Step right forward

5-6-7 Step left back into ½ turn left, step right forward into ½ turn left, step left back into ½ turn left

&8 Small step right ball of foot behind left, small step left forward

REPEAT

ENDING

To finish with style: First 8 counts are repeated except for a slight change in rhythm FORWARD, COASTER, FORWARD, BACK -- COASTER BACKWARD, FORWARD, ½ TURN LEFT-HOLD

1-2&3-4 Step right forward, step left forward, step right next to left, step left back, step right back

5&6 Step left back, step right back next to left, step left forward

&7-8 Step right forward, pivot ½ turn left and transfer weight to left, hold