

Cry Of The Gemmik

COPPER KNOB
STEPSHEETS

拍數: 46 牆數: 0 級數:
編舞者: Gemma Lienert & Mikaela Gale
音樂: Cry of the Celts - Ronan Hardiman



Both choreographers were age 11 when this dance was written

KICK, TOUCH

1-2 Kick right forward, touch right toe back

CROSS/STEP, STEP/ROCK, ROCK TWICE

3&4 Cross/step right over left, left step/rock to left side, rock onto right foot

5&6 Cross/step left over right, right step/rock to right side, rock onto left foot

STEP RIGHT FANS. STEP LEFT FANS

7&8& Stepping right slightly forward fan right toe in, right toe out, right toe in, right toe center

9&10& Stepping left slightly forward fan left toe in, left toe out, left toe in, left toe center

STOMP, KICKS, STOMPS

11-12-13-14 Stomp right next to left, kick right forward 45 degrees, kick right across left, kick right to right side

15-16-17-18 Kick right behind left, kick right to right side, stomp right next to left, stomp right (weight on left)

SCUFF, MODIFIED KICK BALL CHANGE

19&20 Scuff right foot forward turning ½ turn left, step right next to left foot, touch left toe to right foot

There is an option to hop instead of the step during the ¼ turn turn in steps 19&20

STEP, LOCK, STEP, SCUFF

21&22& Step left forward, lock right behind left, step left forward, scuff right foot forward

BOX STEP

23-24-25-26 Cross right over left, step back left, step right to right side, step left beside right

SCUFF, TURN, STEP, TURN

27&28 Scuff right forward, step right back into a ¼ turn left, step left forward into a ½ turn left (beats &28 make a forward full turn)

SCUFF, HEEL DROP, STEPS TO SIDE, STEPS TO CENTER

29&30&31&32 Scuff right forward, drop right toe to floor and lift left heel up, drop both heels, step right to right side, step left to left side, step right to center, step left to center

SCUFF, HEEL DROP, STEPS TO SIDE, STEPS TO CENTER

33&34&35&36 Repeat last 4 counts, ending with weight on left foot

STEP, TURN

37-38 Step right forward, turning ½ turn left, ending with weight on left foot

KICK, CROSS, TURN

39-40-41-42 Kick right forward at 45 degrees, cross right over left, turn ½ turn left

CLAP JUMP, CLAP, JUMP, CLAP

43-44-45-46 With feet together, jump back, clap, jump forward, clap

REPEAT

When dancing as a duo, these are alternate steps for beats 11-18. Person on the left hand side will dance

11-18 Stomp left, kick left forward 45 degrees, kick left front, kick left to left side, kick left behind,
kick left to left side, stomp left next to right, stomp left, ending with weight on left
