

Cry Me A River

拍數: 32 牆數: 4 級數: Intermediate/Advanced
編舞者: Maureen Jones (UK) & Michelle Jones (UK)
音樂: Cry Me a River - Justin Timberlake



CROSS-SIDE-POINT, TAP-TAP-KICK, BEHIND-SIDE-CROSS, FULL PUSH TURN

- 1&2 Step left across right, step right to right, step left beside right simultaneously pointing right to right (drop right shoulder forward and towards floor on point (count 2))
- 3&4 Tap right beside left, tap right slightly further right, kick right to right, raise right shoulder slightly on each tap so that you angle your body to right side wall for the kick (count 3). On kick, right shoulder will be leaning back slightly
- 5&6 Step right behind left, step left to left, step right across left
- &7&8& Make $\frac{1}{4}$ turn right and hitch left knee, tap left to left, hitch left knee and make $\frac{1}{2}$ turn right, tap left to left, make $\frac{1}{4}$ turn right

LUNGE WITH TAPS, LARGE STEP WITH $\frac{1}{4}$ TURN, STEP-HITCH-STOMP, PUSH ROCK, $\frac{1}{2}$ TURN, BACK ROCK, $\frac{3}{4}$ TURN

- 9&10 Lunge forward on left and tap right toes behind left, tap right toe slightly further back, make $\frac{1}{4}$ turn right and step right large step to right
- On lunge drop body towards floor, come up slightly on each tap, abruptly stand tall on large step right**
- 11&12 Step left forward, scuff right forward into hitch (bring knee to hip height), stomp right toes forward
- 13&14 Push weight forward on to right toes, recover weight back on left, on balls of feet and by lifting heels make $\frac{1}{2}$ turn left (ending with weight on right and with left heel raised)
- 15&16& Rock back on left, make $\frac{1}{4}$ turn right and recover weight onto right, make $\frac{1}{4}$ turn right and step left back, make $\frac{1}{4}$ turn right and step right to right

CROSS-SIDE-POINT, SIDE SWITCHES, $\frac{1}{4}$ TURN, SQUATS, STEP, TOUCH, BACK, $\frac{1}{2}$ TURN-STEP

- 17&18 Step left across right, step right to right, step left beside right and simultaneously point right to right
- 19&20 Step right to center and simultaneously point left to left, step left to center and simultaneously point right to right, keep weight on left and make $\frac{1}{4}$ turn right (squat down slightly and raise right heel)
- 21&22& Maintaining squat position, lower body a little further by bending knees (21), raise body slightly (&), lower body slightly (22), raise body slightly and take weight on right (&)
- 23&24& Raise body completely and step left forward, touch right behind left heel, step back on right, make $\frac{1}{2}$ turn left and step left forward

SCUFF-HITCH-STOMP, ROCKS, TOUCH, JUMP-TOUCH TWICE, BACK-SLIDE TWICE

- 25-26 Scuff right forward into hitch, swing hitch round to right and stomp right to right (toe facing outwards)
- 27&28 Keeping feet in same position rock weight onto left (look left), recover weight on right (look right), rock weight onto left (look left) and touch right beside left
- 29-30 Jump right slightly forward and simultaneously touch left beside right, jump left slightly forward and simultaneously touch right beside left
- 31-32& Step right back and simultaneously drag left towards right, step left back and simultaneously drag right towards left, step left beside right (&)

REPEAT