

Cry

拍數: 168 牆數: 1 級數: Intermediate/Advanced
編舞者: Val Parry (UK)
音樂: Cry - Kym Marsh



Start after slow chorus on the first fast beat.

SHUFFLE, CLOSE, PIVOT ½, STEP FORWARD, CLOSE

1-2 Step forward on right, close left to right
3-4 Step forward on right, close left to right
5-6 Step forward on right, pivot ½ turn left, stepping forward on left
7-8 Step forward on right, step left next to right

ROCK, TURN ½ ROCK, TURN ½

9-10 Rock forward on right, replace weight on left
11-12 Turn ½ to right stepping forward on right, hold
13-14 Rock forward on left, replace weight on right
15-16 Turn ½ to left stepping forward on left, hold

SHUFFLE, CLOSE, PIVOT ½, STEP FORWARD, CLOSE

17-18 Step forward on right, close left to right
19-20 Step forward on right, close left to right
21-22 Step forward on right, pivot ½ turn left, stepping forward on left
23-24 Step forward on right, step left next to right

POINT, CROSS BEHIND, UNWIND FULL TURN, STEP

25-26 Point right to right side, hold
27-28 Cross right behind left, hold
29-30 Unwind full turn right
31-32 Step left beside right, hold

HEEL AND CROSS TWICE

33-34 Right heel forward, step right next to left
35-36 Cross left in front of right, step right next to left
37-38 Left heel forward, step left next to right
39-40 Cross right in front of left, step left next to right

SIDE, CLOSE, SIDE SHUFFLE

41-42 Step right to right side, hold
43-44 Close left to right, hold
45-46 Step right to right side, close left to right
47-48 Step right to right side hold

ROCK, STEP BACK, SWEEP ½ RIGHT, STEP LEFT

49-50 Rock forward on left, replace weight on right
51-52 Step back on left, hold
53-54 Turn ½ to right, sweeping right
55-56 Step left to left, hold

SAILOR STEP TWICE

57-58 Cross right behind left, hold
59-60 Step left to left side, step right to right side

61-62 Cross left behind right, hold
63-64 Step right to right side, step left to left side

CROSS BEHIND, STEP TO SIDE, CROSS IN FRONT, 2 X ¼ TURNS RIGHT, STEP LEFT ACROSS RIGHT

65-66 Cross right behind left, hold
67-68 Step left to left side, cross right in front of left
69-70 Step back on left turning ¼ right, step turning ¼ to the right
71-72 Step left across right, hold

MONTEREY TURN

73-74 Point right to side, hold
75-76 Cross right behind left, unwind full turn right, weight ends on right
77-78 Point left to side, hold
79-80 Step left next to right, hold

ROCK AND CROSS TWICE

81-82 Rock right to right side, replace weight on left
83-84 Cross right in front of left, hold
85-86 Rock left to left side. Replace weight on right
87-88 Cross left in front of right, hold

STEP BACK, COASTER STEP,, FRONT COASTER STEP

89-90 Step back on right, close left to right
91-92 Step back on right, close left to right
93-94 Step forward on right, step forward on left
95-96 Close right to left step back on left

ROCK BACK, 1½ TURNS LEFT, STEP BACK, HOLD

97-98 Rock back on right, replace weight on left
99-100 Step back on right turning ½ left, step forward on left turning ½ left
101-102 Step back on right turning ½ left, hold
103-104 Step back on left, hold

ROCK ¼ TURN LEFT, ROCK ¼ TURN LEFT, COASTER STEP, STEP

105-106 Rock back on right turning ¼ left, rock forward on left
107-108 Rock back on right turning ¼ left, rock forward on left
109-110 Step back on right, close left to right
111-112 Step forward on right, step left next to right

¼ TURN LEFT, ¼ TURN LEFT, COASTER STEP, HOLD

113-114 Rock back on right turning ¼ left, rock forward on left
115-116 Rock back on right turning ¼ left, rock forward on left
117-118 Step back on right, close left to right
119-120 Step forward on right, hold

STEP FORWARD, HEEL JACKS, KICK, STEP

121-122 Step forward on left, hold
123-124 Right heel forward, step right next to left
125-126 Left heel forward, step left next to right
127-128 Kick right foot forward, step right next to left

STEP FORWARD, HEEL JACKS, KICK, HOLD

129-130 Step forward on left, hold
131-132 Right heel forward, step right next to left

133-134 Left heel forward, step left next to right
135-136 Kick right foot forward, hold

POINT, CROSS BEHIND, UNWIND FULL TURN, STEP

137-138 Point right to right side, hold
139-140 Cross right behind left, hold
141-142 Unwind full turn right
143-144 Step left beside right, hold

ROCK AND CROSS TWICE

145-146 Rock right to right side, replace weight on left
147-148 Cross right in front of left, hold
149-150 Rock left to left side. Replace weight on right
151-152 Cross left in front of right, hold

STEP BACK, COASTER STEP, FRONT COASTER STEP

153-154 Step back on right, close left to right
155-156 Step back on right, close left to right
157-158 Step forward on right, step forward on left
159-160 Close right to left step back on left

ROCK BACK, 1½ TURNS LEFT, ROCK BACK

161-162 Rock back on right, replace weight on left
163-164 Step back on right turning ½ left, step forward on left turning ½ left
165-166 Step back on right turning ½ left, hold
167-168 Rock back on left, hold

REPEAT

RESTARTS

Start 3rd wall at count 25. Start 4th wall at count 25 for 8 counts only.
