

Cruzin' Cha

拍數: 48 牆數: 4 級數: Intermediate cha cha
編舞者: John Dembiec (USA) & John Robinson (USA)
音樂: Rie y Llorca - Celia Cruz



STEP, TOUCH, ½ TURN, SIDE CHA, CROSS, REPLACE, SIDE PRESS, REPLACE

1-2 Step left to left side, touch right behind left
3-4& Unwind ½ turn to right, step right to right side, step left next to right
5-6 Step right to right side, cross rock left over right
7-8& Replace to right, press left to left side, replace to right

¼ TURN FLICK, STEPS & CHA FORWARD., PRESS, REPLACE, BACK CHA

1-2 Making ¼ turn to left, step on left with right leg flick back, step right forward
3-4& Step left forward, step right forward, step left next to right
5-6 Step right forward, press left forward
7-8& Replace to right, step left back, step right next to left

BACK ROCK, REPLACE, CROSS, REPLACE, ½ TURN, STEP, TOUCH, CHA FORWARD

1-2 Step left back, rock right back
3-4& Replace to left, cross rock right over left, replace to left
5-6 Pivoting on left, bring right next to left calf (figure 4) and turn ½ to right, step back on right
7-8& Touch left toe in front of right, step left forward, step right next to left

STEP, CROSS, REPLACE, ¾ TURN, STEP, PRESS, REPLACE, CROSS, REPLACE

1-2 Step left forward, cross rock right over left
3-4& Replace to left, step right to right side making ¾ turn right, making ½ turn on right step left next to right
5-6 Step right forward, press left to left side
7-8& Replace to right, cross rock left over right, replace to right

SIDE STEPS, PRESS, REPLACE, ½ TURN, STEP

1-2 Step left to left side, step right next to left
3-4& Step left to left side, step right next to left, step left to left side
5-6 Step right next to left, press left forward
7-8& Replace to right, step back on left with ½ turn to left, step right next to left

¼ TURN CROSS, HOLD, STEP CROSS HOLD, STEPS, POINTS & TOUCH, FIGURE 4

1-2 Cross left over right with ¼ turn to left, hold
&3-4 Step right to right side, cross left over right, hold
&5&6 Step right to right diagonal, step left next to right, step right across left (facing forward), point left to left side
7&8 Touch left next to right, point left to left side, raise left up to right calf

REPEAT