

Crusin'-A-Long

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Joan Philip (UK)
音樂: Cruisin' - Gwyneth Paltrow & Huey Lewis



SKATE LEFT, SKATE RIGHT, CHASSE LEFT, ¼ TURN, ¼ TURN, ANCHOR STEP TWICE

1-2 Skate left foot forward, skate right foot forward
3&4 Step left to left side, close right beside left, step left to left side
5-6 Step back on right making ¼ turn left, step forward on left making ¼ turn left
7&8& Rock forward on right, rock back onto left, rock forward on right, rock back onto left

¼ TURN, ¼ TURN, ANCHOR STEP TWICE, SWAY, SWAY, STEP SLIDE TOUCH

9-10 Step back on right making ¼ turn right, step forward on left making ¼ turn right
11&12& Rock back on right, rock forward onto left, rock back on right, rock forward onto left
13-14 Stepping right foot to right side sway hips to the right, sway hips to left
15-16 Step right foot large step to right side, slide left to touch beside right

STEP LEFT, HINGE TURN, LEFT TWINKLE, CROSS STEP, UNWIND, CROSS STEP, POINT

17-18 Step left foot to left side, hinge ½ turn right on ball of left foot stepping right to right side
19&20 Cross rock forward on left, rock back on right, step left to left side
21-22 Cross step right over left, unwind full turn left, (weight ends on left foot)
23-24 Cross step right over left, point left toe to left side

STEP FORWARD, TAP, ANCHOR STEP TWICE, WALK, WALK, RIGHT SHUFFLE FORWARD

25-26 Step forward on left, tap right toe behind left foot
27&28& Rock back on right, rock forward onto left, rock back on right, rock forward onto left
29-30 Walk forward right, walk forward left
31&32 Step forward right, close left beside right, step forward right

REPEAT
