

# Crusin'-A-Long

**COPPER KNOB**  
BY STEPHEN

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Joan Philip (UK)  
音樂: Cruisin' - Gwyneth Paltrow & Huey Lewis



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## SKATE LEFT, SKATE RIGHT, CHASSE LEFT, ¼ TURN, ¼ TURN, ANCHOR STEP TWICE

1-2            Skate left foot forward, skate right foot forward  
3&4           Step left to left side, close right beside left, step left to left side  
5-6           Step back on right making ¼ turn left, step forward on left making ¼ turn left  
7&8&         Rock forward on right, rock back onto left, rock forward on right, rock back onto left

## ¼ TURN, ¼ TURN, ANCHOR STEP TWICE, SWAY, SWAY, STEP SLIDE TOUCH

9-10          Step back on right making ¼ turn right, step forward on left making ¼ turn right  
11&12&       Rock back on right, rock forward onto left, rock back on right, rock forward onto left  
13-14         Stepping right foot to right side sway hips to the right, sway hips to left  
15-16         Step right foot large step to right side, slide left to touch beside right

## STEP LEFT, HINGE TURN, LEFT TWINKLE, CROSS STEP, UNWIND, CROSS STEP, POINT

17-18         Step left foot to left side, hinge ½ turn right on ball of left foot stepping right to right side  
19&20         Cross rock forward on left, rock back on right, step left to left side  
21-22         Cross step right over left, unwind full turn left, (weight ends on left foot)  
23-24         Cross step right over left, point left toe to left side

## STEP FORWARD, TAP, ANCHOR STEP TWICE, WALK, WALK, RIGHT SHUFFLE FORWARD

25-26         Step forward on left, tap right toe behind left foot  
27&28&       Rock back on right, rock forward onto left, rock back on right, rock forward onto left  
29-30         Walk forward right, walk forward left  
31&32         Step forward right, close left beside right, step forward right

**REPEAT**

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