

Crush

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Cathy McDaniel (USA)
音樂: Crush on You - Lil' Kim



SIDE ROCK, RIGHT CROSSOVER SHUFFLE

1-2 Step right foot to right side, rock back on left foot
3&4 Cross right over left, step left to left side, crossing right over left again
5 6 Step left foot to left side, rock back on right foot
7&8 Cross left over right, step right to right side, crossing left over right again

RIGHT ROCK FORWARD, RECOVER, SHUFFLE ½ TURN RIGHT, FORWARD SHUFFLE, KICK BALL CHANGE

1-2 Step right foot forward, rock back on left foot
3&4 Shuffle step ½ turn right, stepping right-left-right
5&6 Step left forward, right step next to left, left step forward
7&8 Kick right forward, step left in place, step right in place

FORWARD COASTER, BACKWARD COASTER, KICK & CROSS, UNWIND ½ TURN RIGHT

1&2 Step right foot forward, step left foot next to right, step right foot back
3&4 Step left foot back, step right foot next to left, step left foot forward
5&6 Kick right foot forward, step right foot next to left, step left foot over right
7-8 Unwind ½ turn right

KICK, TOUCH SIDE, KICK TOUCH SIDE, 2 HEEL SWITCHES, ¼ TURN LEFT

1&2 Kick right foot forward, step right next to left, touch left to left side
3&4 Kick left foot forward, step left next to right, touch right to right side
5&6 Right heel forward, step right next to left, left heel forward
&7-8 Step left next to right, step right foot forward, turn ¼ left, switching weight to the left foot

REPEAT
