

Crush

拍數: 32 牆數: 4 級數: Improver
編舞者: David Cowley (IOM)
音樂: Crush - Jennifer Paige



RIGHT GRAPEVINE WITH TOUCH, LEFT SLIDE, CHASSE LEFT

1-2 Step right to right side, cross left behind right
3-4 Step right to right side, touch left beside right
5-6 Step left big step to the left, slide right & step beside left
7&8 Step left to left side, close right beside left, step left to left side

STEP ½ TURN PIVOT, STEP ½ TURN PIVOT, SHUFFLE FORWARD, STEP ½ TURN PIVOT

17-18 Step right foot forward, pivot ½ turn left (shifting weight on to left foot)
19-20 Step right foot forward, pivot ½ turn left (shifting weight on to left foot)
21&22 Step right foot forward, close left beside right, step right foot forward
13-24 Step left foot forward, pivot ½ turn right (shifting weight on to right foot)

HIP BUMPS AND SLIDE

17-18 Step left foot out to left side bumping hips twice to the left
19-20 Step right foot out to right side bumping hips twice to the right
21-22 Bump hips left then right
13-24 Step left big step to the left, slide right to touch beside left

ROCK BACK, WALK FORWARD, JAZZ BOX WITH CROSS

25-26 Rock right foot back, recover on to left
27-28 Walk forward right, left
29-30 Cross right over left, step back on left
31-32 Step right to right side, cross left over right

REPEAT

TAG

Following walls 3 and 6

SIDE, TOGETHER, CHASSE ¼ TURN RIGHT, STEP ¼ PIVOT CROSS SHUFFLE (TWICE)

1-2 Step right to right side, slide left to step beside right
3&4 Step right to right side, close left beside right, step right ¼ turn right
5-6 Step forward left, pivot ¼ turn right
7&8 Cross left over right, step right to right side, cross left over right
9-16 Repeat steps 1-8 of tag