

Cruise With Me

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Ben Summerell (AUS)
音樂: Cruisin' - Gwyneth Paltrow & Huey Lewis



The dance starts at 13 seconds into the song (4 beats before he starts singing) or about 32 beats

SHUFFLE, ½ TURN TRIPLE STEP, ROCK, REPLACE, COASTER STEP

1&2-3&4 Right shuffle, ½ turn triple step
5-6-7&8 Right rock, replace, right coaster step

ROCK, REPLACE, FULL TURN TRIPLE STEP, TRIPLE CROSS, SIDE SHUFFLE

1-2-3&4 Left rock, replace, full turn triple step
5&6-7&8 Right rock forward, left in place, right back, cross left over right, side shuffle

HEEL GRIND, ¼ TURN, ½ TURN SHUFFLE, SHUFFLE, ROCK, REPLACE

1-2-3&4 Right heel grind turning ¼ right, right ½ turn shuffle
Steps 3&4 can be done as a 1 ½ turn triple step instead of a ½ turn shuffle
5&6-7-8 Left shuffle, right rock, replace

½ TURN, FULL TURN, ¼ TURN, STEP, BALL TOUCH TWICE, ¼ SHUFFLE

1-2&3-4 ½ turn right, full turn right, ¼ turn right
&5&6&7&8 Step right to right, ball touch twice, ¼ turn shuffle (left-right-left)

REPEAT