

Crowbar (P)

拍數: 64 牆數: 0 級數: Partner
編舞者: Michelle Chandonnet (CAN) & Marc Archambault (CAN)
音樂: 18 Wheels and a Crowbar - BR5-49



Position: Side-by-side

STEPS, KICKS (4X)

1-2 Step right forward, kick left across right leg
3-4 Step left forward, kick right across left leg
5-6 Step right forward, kick left across right leg
7-8 Step left forward, kick right across left leg

SHUFFLES

9&10 Shuffle forward right-left-right
11&12 Shuffle forward left-right-left

During the next 8 counts, keep hands joined. Man does 4 shuffles, in place, while lady does 4 shuffles turning left around man to finish beside man in side-by-side position.

13&14 **MAN:** Shuffle in place right-left-right (right arms over lady's head and left arms down)
 LADY: Shuffle right-left-right ¼ turn left passing in front of man
15&16 **MAN:** Shuffle in place left-right-left (right arms over man's head)
 LADY: Shuffle left-right-left turning ¼ turn left (facing RLOD)
17&18 **MAN:** Shuffle in place right-left-right (left arms over man's head)
 LADY: Shuffle right-left-right turning ¾ turn left back to man
19&20 **MAN:** Shuffle in place left-right-left (returning to sweetheart position)
 LADY: Shuffle left-right-left turning ¾ turn left to finish beside man
21&22 Shuffle forward right-left-right
23&24 Shuffle forward left-right-left

STEP, STOMP, STEP, STOMP, STEP, SCUFF, STEP, SCUFF

25-26 Step right forward diagonally, stomp left beside right foot
27-28 Step left forward diagonally, stomp right beside left foot
29-30 Step right forward, scuff left
31-32 Step left forward, scuff right

TOES IN, TOUCH HEEL FORWARD, SHUFFLE (TWICE)

33-34 Point right toes in, touch right heel forward
35&36 Shuffle in place right-left-right
37-38 Point left toes in, touch left heel forward
39&40 Shuffle in place left-right-left

HEEL STRUTS

41-42 Step right heel forward, step down on right
43-44 Step left heel forward, step down on left
45-46 Step right heel forward, step down on right
47-48 Step left heel forward, step down on left

POINT FORWARD, POINT SIDE, SAILOR SHUFFLES (TWICE)

49-50 Point right toes forward, point right toes to right side
51&52 Cross right behind left foot, step left to left side, step right forward
53-54 Point left toes forward, point left toes to left side

55&56 Cross left behind right foot, step right to right side, step left forward

STOMP, HOLD (TWICE), HEEL FORWARD, TOES TOGETHER, TOES BACK, HITCH

57-58 Stomp right forward, hold

59-60 Stomp left beside right foot, hold

61-62 Touch right heel forward, touch right toes beside left foot

63-64 Touch right toes back diagonally, hitch right across in front of left

REPEAT
