

Crossover

拍數: 32 牆數: 4 級數: Improver
編舞者: Scott Lanius (USA)
音樂: Shortenin' Bread - The Tractors



VINE RIGHT, TOUCH CROSS, TOUCH SIDE, TOUCH CROSS, TOUCH SIDE, TOUCH CROSS

- 1-3 Step right foot to right side, step left foot crossed behind right, step right foot to right side
- 4 Touch left toe across in front of right
- 5 Touch left toe to left side
- 6 Touch left toe across in front of right
- 7 Touch left toe to left side
- 8 Touch left toe across in front of right

VINE LEFT, TOUCH CROSS, TOUCH SIDE, TOUCH CROSS, TOUCH SIDE, TOUCH CROSS

- 1-3 Step left foot to left side, step right foot crossed behind left, step left foot to left side
- 4 Touch right toe across in front of left
- 5 Touch right toe to right side
- 6 Touch right toe across in front of left
- 7 Touch right toe to right side
- 8 Touch right toe across in front of left

VINE RIGHT, ¼ TURN RIGHT WITH HITCH, FORWARD, LOCK, FORWARD, STOMP

- 1-3 Step right foot to right side, step left foot crossed behind right, step right foot to right side
- 4 Turn ¼ right on right foot while lifting left knee (optional scoot on right foot)
- 5-7 Step forward with left foot, lock right foot in behind left, step forward with left foot
- 8 Stomp right beside left putting weight on right foot

HEEL, TOGETHER, HEEL, TOGETHER, SWIVEL HEELS, HEELS CENTER, HEEL, HOOK

- 1-2 Touch left heel forward, step together with left foot
- 3-4 Touch right heel forward, step together with right foot
- 5 With feet together, weight on balls of feet, shift heels to left side bending knees
- 6 Return heels center, straightening legs
- 7-8 Touch right heel forward, hook right foot across in front of left shin

REPEAT
