

Cross Your Mind

拍數: 32 牆數: 4 級數: Improver
編舞者: Judith Kennedy (UK)
音樂: Do I Ever Cross Your Mind? - Dolly Parton



RIGHT TOE, HEEL, COASTER STEP. LEFT TOE, HEEL, COASTER STEP

- 1 Touch right touch right toe beside left foot with heel turned out
- 2 Heel beside left foot with toe turned out
- 3&4 Step right foot back, step left beside right, step right foot forward
- 5 Touch left toe beside right foot with heel turned out
- 6 Touch left heel beside right foot with toe turned out
- 7&8 Step left foot back, step right beside left, step left foot forward

SIDE, BEHIND, SIDE, BEHIND, SIDE. STEP TURN, KICK, BALL STOMP

- 9-10 Step right foot to right, step left foot beside right
- 11&12 Step right foot to right, step left foot behind right, foot to right
- 13-14 Step forward on left foot, pivot half a turn right
- 15&16 Kick left foot, step slightly back onto ball of left foot, stomp right foot

HEEL, HEEL, WITH QUARTER TURN LEFT. BACK, LOCK, BACK. RIGHT ROCK BACK, RECOVER, CLOSE. LEFT ROCK TO SIDE, RECOVER, CLOSE

- 17 Tap left heel in front
- 18 Pivoting quarter turn to left on right foot, tap left heel in front
- 19&20 Step back on left, right foot across left, step back on left foot
- 21&22 Rock back onto right, recover onto left, close right beside left
- 23&24 Rock left onto left foot, recover onto right, close left beside right

Option: you can put both arms to the left like you are washing the windows

RIGHT & LEFT BACK/LOCK/BACK. COASTER. TOE (WITH CURTSEY OR BOW IF DESIRED)

- 25&26 Step back on right foot, lock left foot across right, step back on right
- 27&28 Step back on left foot, lock right foot across left, step on left
- 29&30 Step on right foot, close left beside right, step forward on right
- 31-32 Touch left toe behind right, bending knees slightly, straighten knees & close left beside right

For step 31 ladies may bend kneed more deeply into a curtsey and gentlemen may bow slightly, touching rim of hat if wearing one.

REPEAT

TAG

When using the Dolly Parton song, at the end of the 4th wall (i.e. "I just wonder do I cross your mind"), leave out steps 25-32 and start again to fit in with music.