

Cross Walk

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Robert C. Douglas (USA)
音樂: Trouble - Mark Chesnutt



FORWARD CROSSOVER STRUTS

- 1-2 Cross right foot over left, stepping on right heel; slap right toes down
- 3-4 Cross left foot over right, stepping on left heel; slap left toes down
- 5-6 Cross right foot over left, stepping on right heel; slap right toes down
- 7-8 Cross left foot over right, stepping on left heel; slap left toes down.

FULL RIGHT TURN, LEG TWIST-TURN

- 9-12 With feet in place, twist one full right turn ending with right leg in front (weight is on right and left heel is off floor).

SIDEWAYS LEFT CROSSOVER STRUTS

- 13-14 Step left heel to left side; slap left toes down
- 15-16 Cross right foot over left, stepping on right heel; slap right toes down
- 17-18 Step left heel to left side; slap left toes down
- 19-20 Cross right foot over left, stepping on right heel; slap right toes down.

FULL LEFT TURN, LEG TWIST-TURN

- 21-24 With feet in place, twist one full left turn ending with left leg in front of right (weight is on left foot and right heel is off the floor).

SIDEWAYS RIGHT CROSSOVER STRUTS

- 25-26 Step right heel to right side; slap right toes down
- 27-28 Cross left foot over right, stepping on left heel; slap left toes down
- 29-30 Step right heel to right side; slap right toes down
- 31-32 Cross left foot over right, stepping on left heel; slap left toes down.

FULL RIGHT TURN, LEG TWIST-TURN

- 33-36 With feet in place, twist one full right turn ending with right leg in front of left (weight is on right foot and left heel is off the floor).

Optional styling: Shade eyes with right hand while turning

TOUCH, CROSS-STEPS, UNWIND, HOLD & CLAP

- 37-38 Touch left toe to left side; cross-step left foot over right
- 39-40 Touch right toe to right side; cross-step right foot over left
- 41-42 With feet in place, unwind ½ turn left
- 43-44 Hold position 1 beat; clap hands.

Optional styling: Shade eyes with left hand while turning.

HIP BUMPS

- 45-46 Bump hips right; bump hips left
- 47-48 Bump hips right, bump hips left.

REPEAT
