Cross The Mersey



拍數: 40 牆數: 4 級數: Beginner rumba

編舞者: Max Perry (USA)

音樂: Ferry 'Cross the Mersey - Gerry & The Pacemakers



3 STEPS FORWARD, TOUCH, 3 STEPS BACK, TOUCH, 2 JAZZ BOXES TURNING 1/4 LEFT EACH

1-2-3-4	Step left forward, right forw	/ard. left forward. tou	ch riaht toe to riaht side

5-6-7-8 Step right back, left back, right back, touch left toe to left side

1-2-3-4 Cross left over right, step right back turning ¼ left, step left to left side, step right forward 5-6-7-8 Cross left over right, step right back turning ¼ left, step left to left side, step right forward

WEAVE WITH SHUFFLE AND BACK ROCK TRAVELING TO LEFT SIDE

1-2 Step left side, cross right behind left

3&4 Step left to left side, step right next to left, step left to left side (shuffle to left)

5-6 Cross right over left, step left to left side

7-8 Rock right back, step left in place

WEAVE WITH SHUFFLE AND BACK ROCK TRAVELING TO RIGHT SIDE

1-2 Step right side, cross left behind right

3&4 Step right to right side, step left next to right, step right to right side (shuffle to right)

5-6 Cross left over right, step right to right side

7-8 Rock left back, step right in place

LEFT SHUFFLE TURNING ½ RIGHT, RIGHT SHUFFLE TO RIGHT SIDE, CROSS ROCK, SIDE, TOGETHER TWICE

1&2	Left shuffle turning ½ right left, right, left
3&4	Right shuffle to right side right, left, right
5-6	Cross rock left over right, step right in place

7-8 Step left side, step right next to left

1-8 Repeat shuffles and rock turning ½ right - same as above

LEFT ROCK FORWARD & BACK, 1/2 PIVOT TURN, 1/4 PIVOT TURN

1-2	Rock left forward, step right in place
3-4	Rock left back, step right in place

5-6 Step left forward & turn ½ right, step right in place 7-8 Step left forward & turn ¼ right, step right in place

REPEAT

BRIDGE

Danced after wall 2

LEFT SHUFFLE FORWARD, RIGHT SHUFFLE FORWARD, JAZZ BOX TURNING 1/4 LEFT X 4

1&2-3&4 Left shuffle forward, right shuffle forward

5-6-7-8 Cross left over right, step right back turning ¼ to left, step left to left side, step right forward

1-8 Repeat1-8 Repeat1-8 Repeat

ENDING

Danced after wall 3

REPEAT THE LAST 8 COUNTS OF THE DANCE

1-2 Rock left forward, step right in place

3-4	Rock left back, step right in place
5-6	Step left forward & turn ½ right, step right in place
7-8	Step left forward & turn ¼ right, step right in place

REPEAT THE LAST 8 COUNTS OF THE DANCE WITH TWO 1/4 TURNS

1-2	Rock left forward, step right in place
3-4	Rock left back, step right in place
5-6	Step left forward & turn 1/4 right, step right in place
7-8	Step left forward & turn 1/4 right, step right in place

You should be facing original starting wall after doing this. Then step forward on the left foot and stop. You may want to bring both arms up from sides into some sort of pose - or not.