

Cross Stitch

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Joy Cook (UK)
音樂: Wrong Night - Reba McEntire



SYNCOPATED RIGHT VINE

- 1 Step right foot to right side
- 2 Step left foot behind right
- & Step right foot to right side
- 3 Step left foot across front of right foot
- 4 Step right foot forward

UNWIND WITH HEEL LIFTS HALF TURN LEFT

- 5-8 Unwind half turn left raising heels of both feet up and down four times box step with cross-over
- 9 Cross right foot over left
- 10 Step back on left
- 11 Step right foot to right side
- 12 Cross left foot over right

UNWIND WITH HEEL LIFTS HALF TURN RIGHT

- 13-16 Unwind half turn right raising heels of both feet up and down four times step, cross unwind
- 17 Step right foot to right side
- 18 Cross left over right
- 19-20 Unwind quarter turn right raising heels of both feet up and down twice

SIDE SHUFFLE RIGHT WITH ROCK STEPS

- 21 Step right foot to right side
- & Bring left foot up to right foot
- 22 Step right foot to right side
- 23 Rock back onto left foot
- 24 Replace weight onto right

STEP, CROSS, UNWIND

- 25 Step left foot to left side
- 26 Cross right foot over left
- 27-28 Unwind quarter turn left raising heels of both feet up and down twice

LEFT SIDE SHUFFLE WITH ROCK STEPS

- 29 Step left foot to left side
- & Bring right foot up to left foot
- 30 Step left foot to left side
- 31 Rock back onto right foot
- 32 Replace weight onto left

KICK BALL CROSSES TWICE

- 33 Kick right foot forward
- & Step right next to left
- 34 Step left across right
- 35 Kick right foot forward
- & Step right next to left

36 Step left across right

UNWIND, WALK, STOMP

37 Unwind half turn right
38-39 Walk forward right foot, left foot
40 Stomp right foot next to left foot

KICK BALL CROSSES TWICE

41 Kick left foot forward
& Step left next to right
42 Step right foot across left foot
43 Kick left foot forward
& Step left next to right
44 Step right foot across left

UNWIND, WALK, STOMP

45 Unwind half turn left
46 Step forward with left foot
47 Step right foot forward
48 Stomp left next to right

STEP KICKS

49 Step right foot to right side
50 Kick left foot across right foot
51 Step left foot to left side
52 Kick right foot across left foot
53 Step right foot to right side
54 Kick left foot across right foot
55 Step left foot to left side
56 Kick right foot across left foot

STOMP, HOLD, PIVOT, HOLD

57-58 Stomp right foot forward, hold
59-60 Pivot half turn left, hold

STOMPS WITH HIP MOVEMENTS AND CLAPS

61-64 On spot, stomp right foot, left foot, right foot, left foot (while moving hips left right left right and clapping hands)

REPEAT

If danced to George Strait, freeze during the silence near the end of the dance and begin again where left off when music plays.
