

Cross My Mind

拍數: 48 牆數: 4 級數: Intermediate waltz
編舞者: Steve Mason (UK)
音樂: Every Time You Cross My Mind - Jon Dean Foster



LEFT TWINKLE, RIGHT TWINKLE WITH ¼ TURN RIGHT, REPEAT

- 1 Angle body to right diagonal & cross step left foot over right foot
- 2 Step right foot to right side
- 3 Square to face front & step left foot to the left side
- 4 Angle body to left diagonal & cross step right foot over left foot
- 5 Starting to make ¼ turn right stepping back on left foot
- 6 Finish ¼ turn right stepping right foot to right side
- 7-12 Repeat above counts 1-6 to end up facing back wall (½ turn total)

LEFT FORWARD WITH ¼ TURN, HITCH RIGHT, RIGHT BACK, SLIDE, REPEAT

- 13 Step forward on left foot making ¼ turn left
- 14 Hitch right knee
- 15 Hold
- 16 Long step back on right foot
- 17-18 Drag left foot to right toes, no weight on left foot
- 19-24 Repeat steps 13-18 to complete a ½ turn to the left total to face home wall

FULL TURN LEFT, STEP LEFT, DRAG, FULL TURN RIGHT, STEP RIGHT, DRAG

- 25 Step left foot to left side making ¼ turn left
- 26 Step right foot ½ turn left
- 27 Make ¼ turn left on ball of right foot, lifting left foot off the ground (you have now completed a full turn left)
- 28 Long step to the left on left foot
- 29-30 Drag right foot to left instep
- 31 Step right foot to right side making ¼ turn right
- 32 Step left foot ½ turn right
- 33 Make ¼ turn right on ball of left foot, lifting right foot off the ground (you have now completed a full turn right)
- 34 Long step to right on right foot
- 35-36 Drag left foot to right instep

¼ TURN LEFT, RIGHT SIDE TOUCH, HOLD, ¼ TURN RIGHT, ¼ TURN RIGHT, LEFT SIDE TOUCH, HOLD

- 37 Step left foot ¼ turn left,
- 38 Touch right toes to right side
- 39 Hold
- 40 Step right foot ¼ turn right
- 41 Make ¼ turn right on ball of right foot & touch left toes to left side
- 42 Hold

¼ TURN LEFT, 1/4 RONDE SWEEP LEFT, RIGHT FORWARD, ½ RONDE SWEEP RIGHT

- 43 Step left foot ¼ turn left
- 44-45 Make ¼ turn left on ball of left foot sweeping right foot out wide (ronde turn)
- 46 Step forward on right foot
- 47-48 Make ½ turn right on ball of right foot sweeping left foot out wide (ronde turn)

REPEAT
