

Cross My Heart

拍數: 32 牆數: 4 級數: Improver
編舞者: Leonie Smallwood (AUS)
音樂: That's the Truth - Paul Brandt



- 1& Step right foot across in front of left foot, step left foot to left side
2-3 Step right foot in place, touch left foot across in front of right
4 Unwind $\frac{1}{2}$ turn right - keeping weight on right foot
- 1& Step left foot across in front of right foot, step right foot to right side
2-3 Step left foot in place, touch right foot across in front of left
4 Unwind $\frac{1}{2}$ turn left - keeping weight on left foot
- &1 Scuff right foot beside left foot, step right foot forward (weight on both feet)
&2& Twist both heels right, twist both heels back to center, kick right foot to front
3& Step right foot back (weight on both feet), twist both heels left
4& Twist both heels back to center, scuff right foot beside left foot
- 1 Stepping right foot forward - rock forward onto right foot
&2 Rock back onto left foot, stepping right foot back - rock back onto right
&3 Rock forward onto left foot, step right foot forward
4 Turn $\frac{1}{4}$ turn left - transferring weight to left foot
- 1 Stepping right foot across to left diagonal - rock forward onto the right
2 Rock back onto the left in place
3&4 Traveling & turning full turn right - step right-left-right
- 1 Step left forward
2 Turn $\frac{1}{2}$ turn on left foot (hooking right foot around left ankle as you turn)
3& Step back onto the ball of right foot, step left foot in place
4 Touch right foot to right side
- 1 Step right foot across in front of left
2 Touch left foot to left side, draw left foot in to turn $\frac{1}{2}$ turn left &
3-4 Step left beside right, touch right foot to right side (Monterey turn)
- 1&2& Step right foot across in front of left foot, step left foot to left side, repeat
3 Touch right foot across in front of left foot
4 Unwind to turn full turn left - keeping weight on left foot

REPEAT

To finish: turn to face front at the $\frac{1}{4}$ turn.

Styling tip: lean into the touches before & during the Monterey turn.