

# Cross My Heart

拍數: 36      牆數: 2      級數: Intermediate  
編舞者: Glynn Rodgers (UK) & Lyn Kent (UK)  
音樂: I Cross My Heart - George Strait



## MAMBO STEP, BACK SWEEPS, TRIPLE TURN, ROCK & TURN

1&2      Rock forward right, recover weight onto left, step slightly back right  
3      Sweep left foot from front to back, step down left  
4      Sweep right foot from front to back, step down right  
5&6      Triple ½ turn left stepping - left-right-left

### Optional tag 3 danced here on wall 7

7&8      Rock forward right, recover weight onto left turning ¼ right, step right to right side

## CROSS SHUFFLE, TRIPLE TURN, ROCK & TOGETHER, SWAYS

1&2      Cross left over right, step right to right side, cross left over right  
3&4      Triple ½ left stepping - right-left-right

### Restart & tag here wall 5

5&      Rock left to left side, recover weight onto right  
6      Close left to right  
7-8      Step right to right side swaying hips right & left

### Alternative count 5-6, you can change the count to 5-6& instead of 5&6

## BACK ROCK, TURN SWEEP, BACK ROCK, TURN SWEEP, BACK ROCK, TURN, ROCK & TURN STEP

1&2      Rock back right, recover weight onto left, turn ¼ left stepping back right, sweep left leg from front to back  
3&4      Rock back left, recover weight onto right, turn ½ right stepping back left, sweep right leg from front to back  
5&6      Rock back right, recover weight onto left, turn ½ left stepping back right  
&      Turn ½ left stepping forward left  
7&8      Rock forward right, recover weight onto left, turn ¼ right stepping right to right side

## TOUCH & SCUFF & CROSS UNWIND, SIDE ROCK & CROSS, ROCK & TURN

1&2      Touch left toe over right, step left to place, scuff right foot forward  
&3      Step right to place, cross left over right  
4      Unwind full turn right  
5&6      Rock right to right side, recover weight onto left, cross right over left  
7&8      Rock left to left side, turn ¼ left recovering weight onto right, step back left

## LOCK STEP, ½ RHUMBA BOX

1&2      Step back right, lock left over right, step back right  
3&4      Step left to left side, close right to left, step forward left

### Tag 1 danced here on wall 2

## REPEAT

### TAG 1

At the end of wall 2, facing the front wall

## ROCKING CHAIR, WALK FORWARD

1&      Rock forward right, recover weight onto left  
2&      Rock back right, recover weight onto left  
3-4      Walk forward right & left

**TAG 2**

**Danced once in wall 5**

**ROCK & TURN, CLAP**

1&                    Rock left to left side, recover weight onto right turning  $\frac{1}{4}$  left

2&                    Step left to left side, clap

**TAG 3**

**Optional as the music fades on wall 7**

**CROSS UNWIND**

1-4                    Cross right over left, unwind slowly over 3 counts

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