

Cross Kick

拍數: 56 牆數: 1 級數: Intermediate
編舞者: Esther D'Arpino (USA)
音樂: That's My Story - Collin Raye



RIGHT HEEL, TOE, HEEL, TOGETHER

- 1 Touch right heel forward with knee facing out
- 2 Touch right toe back with knee facing in
- 3 Touch right heel forward with knee facing out
- 4 Bring right foot back together with left

LEFT HEEL, TOE, HEEL, TOGETHER

- 5 Touch left heel forward with knee facing out
- 6 Touch left toe back with knee facing in
- 7 Touch left heel forward with knee facing in
- 8 Bring left foot back together with right foot

RIGHT AND LEFT SIDE TOE POINTS

- 9 Right point and touch toe to side
- 10 Bring right foot next to left
- 11 Left point and touch toe to side
- 12 Bring left foot next to right
- 13-16 Repeat counts 9-12

RIGHT CROSS OVER, STEP LEFT, CROSS BEHIND, TOUCH LEFT

- 17 Right cross over left
- 18 Step left to side
- 19 Cross right behind left
- 20 Touch left toe to side

LEFT CROSS OVER, STEP RIGHT, CROSS BEHIND, TOUCH LEFT

- 17 Left cross over right
- 18 Step right to side
- 19 Cross left behind right
- 20 Touch right toe to side

RIGHT HEEL, ½ TURN, STEP, SLIDE & KICKS

- 25 Right heel forward
- 26 ½ turn to left (weight on right)
- 27 Step forward right
- 28 Slide left next to right
- 29-30 Kick right foot forward twice

RIGHT GRAPEVINE WITH BRUSH

- 31 Step right to side
- 32 Cross left behind right
- 33 Step right to side
- 34 Brush left next to right

LEFT GRAPEVINE WITH BRUSH

- 35 Step left to side

- 36 Cross right behind left
- 37 Step left to side
- 38 Brush right next to left

RIGHT AND LEFT HIP BUMPS

- 39-40 Right step diagonally forward, and bump hip twice
- 41-42 Shift weight to left, and bump left hip twice
- 43-44 Shuffle forward right-left-right
- 45-46 Shuffle forward left-right-left

RIGHT ½ TURN LEFT

- 47 Step forward right
- 48 ½ turn left (weight on left)

RIGHT & LEFT SHUFFLE STEPS

- 49-50 Shuffle forward right-left-right
- 51-52 Shuffle forward left-right-left

RIGHT KICKS & STOMPS

- 53-54 Kick right foot forward twice
- 55 Stomp right next to left
- 56 Stomp left next to right

REPEAT
