

Croc Rockin'

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Emma Wilkinson (UK)
音樂: Crocodile Rock - Elton John



FORWARD SHUFFLE, FULL TURN, FORWARD SHUFFLE PIVOT ¼ TURN

- 1&2 Step forward on right, close left beside right, step forward right
3-4 Step forward left, full turn right, hooking right heel under left knee during turn
Alternative: step forward left and hold for one count
5&6 Step forward on right, close left beside right, step forward right
7-8 Step forward on left, pivot ¼ turn right

SYNCOPATED WEAVE WITH ROCKS

- 1-2 Cross left behind right, hold
&3-4 Step right to right side, cross left over right, step right to right side
5-6 Rock left behind right, recover onto right,
7-8 Rock left to left side, recover onto right (using hips to emphasize motion)

ROCKS, FULL TURN

- 1-2 Rock left behind right, recover onto right
3-4 Make ¼ left, stepping left to left, hold (really work those hips)
5-6 Step forward right, pivot ½ turn left
7-8 (Weight on left), turn ¼ left, stepping right to right, hold,

ROCKS, HIP SWAYS

- 1-2 Rock left behind right, recover onto right,
3-4 Scuff left to left side, step left to left side
5-8 Sway/bump hips left, right, left, hold
Option:
3-8 Swing arms from elbow, left right left

SAILOR ¼ TURN, PIVOT TURN, WALKS FORWARD TWICE, SHUFFLE

- 1&2 Cross step right behind left, turn ¼ turn right stepping left to side, step right to place,
3-4 Step forward left, pivot half turn right,
5-6 Walk forward left, walk forward right
7&8 Step forward left, close right beside left, step forward left

VAUDEVILLES ¼ LEFT, HOLD

- 1-2 Cross right over left, step left diagonally back
3-4 Dig right diagonally forward, step right in place
5-6 Cross step left over right making ¼ turn left, step right diagonally back (finishing turn)
7-8 Dig left heel diagonally forward, hold,

CROSS, STEP, SLIDE, ROCKS

- &1-2 Step left beside right, cross step right over left, large step left to left side
3-4 Slide right slowly towards left, (really take your time) touch right next to left,
5-6 Rock forward on right, recover onto left
7-8 Rock back on right, recover onto left

STEP FORWARD & BACK, DWIGHTS RIGHT

- 1-2 Step forward and slightly out on right heel, step forward and slightly out on left heel, (optional shimmy)

- 3-4 Step back and in right, step back and in left (to join right)
- 5 Turn right toe in to left instep, while swiveling left heel right,
- 6 Turn right heel into left instep while swiveling left toe right,
- 7-8 Repeat 5-6

Alternative: heel swivels to right on 5,6,7,8

REPEAT

Dedicated to My Old Croc, Robbie, with love! x
