

Creepin'

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Maurice Rowe (USA)
音樂: Creepin' - Jamie Foxx



Sequence: 30, 32, 30, 32, 32, 16, 30, 32 to the end

KICK, KICK, JUMP, OUT, OUT, IN, CROSS

Dance starts facing right diagonal at 1:30

- 1& Low kick right foot to right diagonal (1:30) twice
- 2 Jump both feet together squaring up to 12:00 wall (weight ends on left foot)
- &3 Small step right to right, left to left
- &4 Bring right to center, cross left over right

TOUCH RIGHT, TOUCH LEFT, ROLL, TOUCH LEFT

- 5&6 Touch right toe to right side, replace right foot next to left touching left toe to left side
- 7 Roll body toward left taking weight onto left foot
- &8 Step right next to left and point left toe to left side

HITCH & TOUCH, HITCH HALF TURN TOUCH

- 1& Hitch left knee up next to right leg, step left next to right
- 2-3 Point right toe to right side, hitch right knee up
- &4 Making a half turn over right shoulder step right foot in place and point left to left side (left toe should be pointing toward the 3:00 wall, body facing 6:00)

HITCH, ¾ TURN TOUCH, SYNCOPATED JAZZ

- 5 Hitch left knee up
- &6 Making a ¾ turn over left shoulder step left in place and point right toe to right side (body should end facing 9:00, with right toe pointed toward 12:00)
- 7&8 Cross right over left, step left slightly back, step right shoulder width apart from left (weight ends on right foot)

RUN, RUN, SWAY, SWAY, SWAY

- 1& Walk (run) forward left, right
- 2-3-4 Step forward on left pushing hips forward, then replace weight onto right foot which is still slightly behind (pushing hips back), push weight forward onto left (feet remain stationary while body sways forward, back, forward)

STEP BACK DRAG, BALL, WALK, WALK

- 5-6 Step right foot large step back, dragging left heel back
- &7-8 Step left foot next to right, walk forward right, left

ROCK & CROSS, ROCK & CROSS

- 1&2 Rock right foot to right side, recover weight to left, cross right over left
- 3&4 Rock left foot to left side, recover weight to right foot, cross left over right

¼ TURN, ½ TURN, ROCK RECOVER TOUCH

- 5-6 Step right foot ¼ turn back over left shoulder (you will face 6:00), making a ½ turn over left shoulder step forward (to face 12:00)
- 7&8 Rock right foot forward, recover weight to left foot turning slightly to face 10:30, touch right next to left

REPEAT

TAG

When dancing the 30-count walls (1, 3, and 7), the last 4 counts of the dance will be omitted and replaced by two touches. The pattern will be as follows:

ROCK & CROSS, ROCK & CROSS, TOUCH, TOUCH

1&2 Rock and cross

3&4 Rock and cross

5-6 Touch right to 10:30, touch right next to left

Weight remains on left foot, ready to start the dance with the double kicks

RESTART

There is one restart in the dance which occurs during the 6th pattern of dance. The first 15 counts (through part of the syncopated jazz box) will be danced normal, however instead of finishing the jazz box, you will touch right slightly to side (as count 16), weight stays on left foot, ready to start with the double kicks
