

Creek Freak Shuffle

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: Kathy Sharpe (USA)
音樂: I Can't Dance - Little Creek



HEEL, HEEL, BALL CHANGE

1-4 Right heel forward, close, left heel forward, return with ball change (step on ball of left foot and change weight to right)

GRAPEVINE LEFT, ¼ TURN

5-8 Left foot step left, cross right behind left, step left in direction of new wall to execute ¼ turn left and bring right together with left

RUNNING MAN

9-13 With weight on right foot, kick out left foot while scooting slightly back on ball of right foot, step in place on left and kick out right foot while scooting slightly back on ball of left foot, again step on right in place and kick out left foot while scooting back slightly on ball of right foot

CROSSOVER WITH SWITCH KICKS

14-16 Cross left foot over right and with weight on left, kick right foot up and back, step on right in place and kick left foot out and forward, close (left together with right with weight on left)

RUNNING MAN

17-20 Three running man steps (same as counts 9 - 13 above but begin with weight on left foot)

CROSSOVER WITH SWITCH KICKS

21-24 Cross right foot over left and with weight on right, kick left foot up and back, step on left in place and kick right foot out and forward, close (right together with left with weight on right)

GRAPEVINE LEFT, STOMP RIGHT

25-28 Left foot step left, cross right behind left, step left again and bring right together with stomp on right foot

HEEL SPLITS

29-32 Weight on balls of feet, split heels out and back twice

½ TURN LEFT

33-36 With weight on the ball of left foot, touch right toe out to side toward 1 o'clock and push off to turn left ¼ turn, push off with right toe again toward 11 o'clock and turn left ¼ turn to complete ½ turn left

GRAPEVINE RIGHT, BALL CHANGE

37-40 Step to right with right foot, cross left behind right, step to right with right, and bring left back together stepping on ball of left foot then switching weight back to right foot

½ TURN RIGHT

41-44 With weight on right foot, touch left toe out to side toward 11 o'clock and turn ¼ turn right, push off again with left toe toward 1 o'clock and turn ¼ turn right to complete ½ turn

JAZZ BOX WITH RIGHT HEEL BRUSH

45-48 Left foot cross over right and with weight on left, step back with right, step to left on left, and brush right heel in place

SHUFFLE FORWARD

49-52 Two shuffle steps forward leading with right foot (right, left, right), then leading with left foot (left, right, left)

TOE TWISTS RIGHT

53-54 Weight on right heel & left toe, twist both toes to right, return

TOE TWISTS LEFT

55-56 Weight on left heel & right toe, twist both toes to left, return

TOE TOUCH RIGHT

57-58 Touch right toe out to right side and close together with left

STOMP, HEEL SCUFF WITH HITCH

59-61 Stomp left, scuff right heel in place and hitch right knee, step on right in place

STOMPS

62-64 Stomp left once, stomp right twice

REPEAT
