"Crazy" Mambo Italiano

級數: Intermediate



拍數: 112

編舞者: The Man In Black (UK)

音樂: Mambo Italiano - Shaft

Start the dance after 64 counts when the first change happens in the music.

牆數:2

STEP RIGHT, TOUCH LEFT TOE BEHIND, STEP BACK LEFT, TOUCH RIGHT TOE ACROSS LEFT, REPEAT

1-4 Step right forward, touch left toe behind right, step back left, touch right toe across left5-8 Repeat

STEP RIGHT ½ TURN LEFT, SHUFFLE FORWARD, SIDE ROCK, SAILOR STEP

- 1-4 Step right ½ pivot turn left, right shuffle forward
- 5-8 Step left to side, return weight to right, cross left behind right, step right to right side, step left to left side

STEP SLIDE, TRIPLE ON SPOT, STEP SLIDE, TRIPLE ON SPOT

- 1-4 Step large step to right, slide left up to right, triple step in place right-left-right
- 5-8 Step large step to left, slide right up to it, triple step in place left-right-left

STEP RIGHT ½ TURN RIGHT BACK COASTER STEP, STEP LEFT ½ TURN LEFT BACK COASTER STEP

- 1-4 Step forward right, step back left turning ½ turn right, back right together left forward right
- 5-8 Step forward left, step back right turning ½ turn left, back left together right forward left

SLOW ¾ PADDLE TURN LEFT

- 1-2 Start ³/₄ paddle turn left by pushing ball of right foot side right, left step in place
- 3-4 Push ball of right foot to right side, left step in place
- 5-6 Push ball of right side right, step left in place
- 7-8 Push ball of right foot to right side, step left in place finishing turn

CROSS ROCK, ½ TURN SHUFFLE STEP, CROSS ROCK, ½ TURN SHUFFLE STEP

- 1-4 Cross right over left, recover weight left, turn ½ turn right stepping right-left-right
- 5-8 Cross step left over right, recover weight onto right, turn ½ left stepping left-right-left

WEAVE LEFT, CROSS ROCK, ¾ SHUFFLE TURN RIGHT

- 1-4 Step right across left, left step side left, cross right behind left, step left side left
- 5-8 Cross rock right over left, recover weight onto left, ³/₄ turn right stepping right-left-right
- 1-56 Repeat all above on the opposite foot

Remember. Every turn is to the opposite direction!

REPEAT

FINISH

After 5th wall (facing back wall) to end dance

WALK FORWARD, WALK BACK WITH TOUCHES, REPEAT ON OPPOSITE FOOT, MAMBO STEPS IN PLACE

- 1-4 Walk forward left-right-left, touch right by left
- 5-8 Step back right touch left by right, step back left touch right by left
- 6-8 Walk forward right-left-right, touch left by right
- 9-16 Step back left touch right by left, step back right touch left by right



17-24 Mambo steps in place left, right, left, right, left, right, left, right (hip action) wipe brow with left hand over first 4 counts, then wipe brow with right hand over last 4 counts