

# A Crazy Life

COPPER KNOB  
BY STEPHEN

拍數: 40      牆數: 2      級數: Intermediate  
編舞者: Leanne Morse (UK)  
音樂: Livin' la Vida Loca - Ricky Martin



## STEP, HOLD, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

1-2            Step right to right side, pause for 1 beat  
3&4           Cross step left over right, step right to right side, cross step left over right  
5-6           Rock right to right side, rock weight back onto left  
7&8           Cross step right over left, step left to left side, cross step right over left

## WALKS, ROCK STEP, SHUFFLE BACK, TOUCH ½ TURN

9-10           Walk forward: left, right  
11-12          Rock forward onto left, rock weight back onto right  
13&14          Step left back, step right beside left, step left back  
15-16          Touch right toe back, unwind ½ a turn over right shoulder (weight on right)

## LEFT VINE WITH A TOUCH & CLICK, ROLLING VINE RIGHT WITH ¼ TURN

17-19          Step left to left side, cross step right behind left, step left to left side  
20            Touch right beside left while facing 45 degree right & clicking fingers shoulder height  
21-24          Roll 1 ¼ turn to right side stepping: right, left, right, touch left beside right

## STEP, TOUCH, STEP, SLIDE, SHUFFLE BACK, HOLD, TOUCH

25-26          Step left forward, touch right beside left  
27-28          Step right to right side, slide left beside right touching  
29&30          Step left back, step right beside left, step left back  
31-32          Pause for 1 beat, touch right to right side

## HOLD, SNAKE ROLL TO RIGHT, HOLD, ¼ TURN, HOLD, BODY ROLL UPWARDS

33            Pause for 1 beat  
34-35          Snake roll to right side shifting weight to right  
**Option for counts 34-35: bump hips: right, left, right**  
36-37          Pause for 1 beat, turn ¼ left on balls of both feet  
38-40          Pause for 1 beat, body roll upwards shifting weight to left  
**Option for counts 39-40: bump hips: left, right, left**

**REPEAT**

---