

# Crazy

拍數: 66      牆數: 2      級數: Intermediate  
編舞者: Cindy Truelove (AUS)  
音樂: Gotta Get a Little Crazy - The Bellamy Brothers



## CROSSES/STEPS FWD

- 1-2            Cross/step right over left, hold one count
- 3-4            Cross/step left over right, hold one count
- 5-6            Cross/ step right over left, cross/step left over right
- 7-8            Cross/touch right over left, hold one beat (but no weight on right)

## STEP/TOUCHES/CLAPS BACK

- 9-10           Step right back at 45 degrees, touch left next to right and clap
- 11-12          Step left back at 45 degrees, touch right next to left and clap
- 13-14          Step right back at 45 degrees, touch left next to right and clap
- 15-16          Step left back at 45 degrees, touch right next to left and clap

## TOE-HEEL-STOMP (X2)

- 17-18          Angle right toe in and touch next to left, angle right toe out and touch heel next to left
- 19-20          Stomp right (down) next to left, hold one count
- 21-22          Angle left toe in and touch next to left, angle left toe out and touch heel next to right
- 23-24          Stomp right (down) next to left, hold one count

## TOE STRUTS AND FINGER SNAPS FWD

- 25-26          Touch ball of right forward at 45 degrees, step heel of right down-snap fingers of both hands
- 27-28          Touch ball of left forward at 45 degrees, step heel of left down-snap fingers of both hands
- 29-30          Touch ball of right back at 45 degrees, step heel of right down-snap fingers of both hands
- 31-32          Touch ball of left back at 45 degrees, step heel of left down-snap fingers of both hands

## FINGER SHAKES

### Body angles 45 degrees right of original wall on next 4 counts:

- 33            Step right  $\frac{1}{4}$  to right-heel of left will swivel to left and you point and shake finger of right hand as if scolding someone
- 34-36          Shake finger three more times

### Body angles 45 degrees left of original wall on next 4 counts:

- 37-40          Swivel on balls of both feet  $\frac{1}{2}$  to left reversing position of step 33 and shake finger 4 times

## MONTEREY TURNS

- 41-42          Point right to side, turn  $\frac{1}{2}$  right and step right next to left
- 43-44          Point left to side, step left next to right
- 45-46          Point right to side, turn  $\frac{1}{2}$  right and step on right next to left
- 47-48          Point left to side, step left next to right

## KICKS, SYNCOPATED SPLITS AND 'CRAZY SHIMMY'

- 49-50          Kick right forward twice
- &51-52          Quickly step right to right side, quickly step left to left side, hold and clap
- &53-54          Quickly step left in to center, quickly step right in to center, hold and clap
- 55-56          Kick right forward twice

## TURNING SWIVELS

- 57-58          Step right forward, bending both knees make a  $\frac{1}{4}$  turn left (with a scooping hip movement) ending with legs straight

59-60 Bend knees and turn  $\frac{1}{4}$  right (with a scooping hip movement ending with legs straight)

### **CRAZY SHIMMY**

61-66 Raise hands so that palms facing forward at about shoulder height or slightly above -shimmy shoulders (like a washing machine) as you turn  $\frac{1}{2}$  to left.

### **REPEAT**

### **TAG**

**To make the dance perfectly phrased to the music, use this 16-count shuffle sequence.**

1&2 Right shuffle forward  
3&4 Left shuffle forward  
5&6 Right shuffle forward  
7 Stomp left  
8 Kick left forward  
9&10 Left shuffle back  
11&12 Right shuffle back  
13&14 Left shuffle back  
15-16 Stomp right twice

**Dance will be perfectly phrased when danced in this order**

1 Regular sequence starts with vocals  
2 One shuffle sequence  
3 Regular sequence  
4 Two shuffle sequences  
5 Two regular sequences  
6 At very end repeat sections vii, viii and ix-drop hands on last beat of music

**EXTRA TIP: During last sequence when vocals say "Gotta, gotta, gotta, cut loose, loose, loose"-it is fun to do side shimmies right then left instead of the finger shaking-and CUT LOOSE!**

---