

Crash & Burn

拍數: 32 牆數: 4 級數: Improver
編舞者: Liz Larsson (SWE)
音樂: Welcome to the City - AMY DIAMOND



TOE STRUT, ROCK & CROSS, ROCK, CROSS SHUFFLE

1-2 Step right toe forward, drop right heel taking weight
3&4 Rock left to left, recover onto right, cross left over right
5-6 Rock right to right, recover onto left
7&8 Cross right over left, step left to left, cross right over left

BOUNCE ½ TURN, ROCK & CROSS TWICE, SHUFFLE FORWARD

1&2 Tap left toe next to right, turn ½ left bouncing heels 2 times (weight ends on right)
3&4 Rock left to left, recover onto right, cross left over right
5&6 Rock right to right, recover onto left, cross right over left
7&8 Step left forward, step right next to left, step left forward

Restart on 5th wall

HEEL CLAP TWICE, SAILOR STEP TWICE

1-2& Tap right heel forward, clap & step right next to left
3-4 Tap left heel forward, clap
5&6 Cross step left behind right, step right to right, step left in place
7&8 Cross step right behind left, step left to left, step right in place

CROSS UNWIND, ROCK & STEP, HIP ROLL, SCUFF STEP TOUCH

1-2 Tap left toe behind right, unwind ½ left
3&4 Rock right to right, recover onto left, cross right over left
5&6 Rock left to left, recover onto right, cross left over right
7-8 Walk forward right, left

REPEAT

TAG

At the end of 3rd and 7th wall

STEP TURN ¼ X4

1-2 Step forward right, turn left taking weight on left
3-4 Step forward right, turn left taking weight on left
5-6 Step forward right, turn left taking weight on left
7-8 Step forward right, turn left taking weight on left

STEP TURN ½ TWICE

1-2 Step forward right, ½ turn left taking weight on left
3-4 Step forward right, ½ turn left taking weight on left