

Crash

拍數: 64 牆數: 4 級數: Intermediate/Advanced
編舞者: Terri Alexander (USA)
音樂: Crash - Gwen Stefani



WEAVE RIGHT, LUNGE, STEP LEFT, CROSS STEP, TURN ¼ RIGHT, RIGHT COASTER

1&2&3-4 Step right to right side, step left behind right, step right to right side, cross step left over right, lunge right to right side hitching left leg (small hitch), step left to left
5-6 Cross step right over left, turn ¼ right stepping left back
7&8 Step back right, step left beside right, step forward onto right (3:00)

LEFT FORWARD, FULL TURN LEFT, WEAVE RIGHT, ROCK RIGHT, RECOVER

1-2-3-4 Step forward left, full turn left traveling forward on right, left, right
5&6 Step left behind right, step right to right, cross step left over right,
7-8 Rock right to right, turn ¼ left stepping left forward (12:00)

CROSS STEP, HOLD, CROSS STEP, HOLD, SIDE ROCK & CROSS, TURN ¼ RIGHT, TURN ½ RIGHT

1-2-3-4 Cross step right over left, hold, cross step left over right, hold
5&6 Rock right to right side, recover on left, cross step right over left
7-8 Turn ¼ right stepping left back, turn ½ right stepping right forward (9:00)

STEP, TURN ½ RIGHT, STEP, HOLD, STEP, TURN ½ LEFT, STEP, HOLD

1-2-3-4 Step forward on left, pivot turn ½ right, step forward left, hold
5-6-7-8 Step forward on right, pivot turn ½ left, step forward right, hold (9:00)

Both tags start here, dance resumes after tag

ROCK STEP, LEFT COASTER STEP, ROCK STEP, ¾ TURN RIGHT, STEP

1-2 Rock forward on left, recover on right
3&4 Step back left, step right beside left, step forward onto left
5-6 Rock forward on right, recover on left
7-8 Turn ¾ to right stepping right forward, step left forward (6:00)

STEP LOCK STEP FORWARD, HALF-TURN HITCH, BUMP STEP, HOLD, BUMP BACK, FRONT, BACK

1&2 Step right forward, lock left behind right, step right forward
3-4 Turn ½ right on ball of right while hitching left, step left diagonally forward bumping hips forward (12:00)
5-6-7-8 Hold, bump hips back, front, back

LEFT PUSH, PULL, SHUFFLE, RIGHT PUSH, PULL, SHUFFLE

1-2 Press forward left diagonal pushing body forward, shift weight back to right foot pulling body back (slightly lift left foot off floor like a very small hook)
3&4 Shuffle forward left-right-left
5-6 Press forward on right diagonal pushing body forward, shift weight back to left foot pulling body back (slightly lift right foot off floor like a very small hook)
7&8 Shuffle forward right-left-right

ROCK STEP, LEFT COASTER STEP, ROCK STEP, ¾ TURN RIGHT, STEP

1-2 Rock forward on left, recover on right
3&4 Step back left, step right beside left, step forward on left
5-6 Rock forward on right, recover on left
7-8 Turn ¾ to right stepping right forward, step left beside right (9:00)

REPEAT

TAG 1

Takes place once during 3rd rotation of dance after 32 counts facing 3:00 wall

&1-2 Step left ball beside right foot, cross step right over left, hold

&3-4 Step left ball beside right foot, cross step right over left, hold

5-6-7-8 Step left to left swaying hips left, sway hips right, left, right

Resume dance on count 33

TAG 2

Takes place once during 5th rotation of dance after 32 counts facing 9:00 wall

&1-2 Step left ball slightly back, cross step right over left, hold

&3-4 Step left ball slightly back, cross step right over left, hold

5-6-7-8 Step left to left, step right to right, cross step left over right, step right to right

9-16 Repeat 1-8

Resume dance on count 33
