

# Cradle

拍數: 32      牆數: 4      級數: Improver  
編舞者: Mark Caley (UK) & Jan Caley (UK)  
音樂: Cradle - Atomic Kitten



---

## BIG SIDE RIGHT, BEHIND, ½ TURN RIGHT, SIDE, ROCK, CROSS, DIAGONAL ROCKING CHAIR, SIDE, ROCK, CROSS

1-2&      Right step to side (large), cross left behind right, right to side making ¼ turn right  
3&4      Turn ¼ turn right rock left to side, recover weight to right, cross left over right (6:00)  
5&6      Rock right diagonally forward, recover weight to left, rock right diagonally back behind left  
&7&8      Recover weight on left(&), rock right out to side, recover weight to left, cross right over left  
**Steps 5&6& are all facing diagonally right**

## DIAGONAL ROCKING CHAIR, SIDE, ROCK, CROSS, SWAY, SWAY, SAILOR STEP ½ TURN RIGHT

9&10      Rock left diagonally forward, recover weight to right, rock left diagonally back behind right  
&11&12      Recover weight on right, rock left out to side, recover weight to right, cross left over right  
13-14      Step to right and sway right, step to left and sway left  
15&16      Right sailor turning ½ turn right (12:00)  
**Steps 9&10& are all facing diagonally left, straighten up to 6:00 on the sways**

## LEFT ROCKING CHAIR, STEP TURN ½ RIGHT, STEP, RIGHT KICK BALL CHANGE, STEP TURN ¾ LEFT, RIGHT STEP TO SIDE

17&18&      Rock forward on left, recover weight on right, rock back on left, recover weight right  
19&20      Step forward on left, pivot ½ turn right, step forward on left (6:00)  
21&22      Kick right in front, step right beside left, step forward on left  
23&24      Step forward on right, pivot ¾ left, right step to side (9:00)

## VAUDEVILLES WITH A ¼ TURN RIGHT, LEFT MAMBO FORWARD, UNWIND ¾ TURN RIGHT

25&26&      Cross left behind right, step right in place, touch left heel diagonal forward, step left beside right  
27&28      Cross right over left, left step to side making ¼ turn right, touch right heel forward (12:00)  
&29&30      Step right in place, rock forward on left, rock back on right, step back on left  
31-32      Touch right back, unwind ¾ turn right keeping weight on left (9:00)

**REPEAT**

---