

Coyote Hustle

COPPER KNOB
STEPSHEETS

拍數: 46 牆數: 0 級數:
編舞者: Rick Mead & Bill Montana
音樂: Can't Keep a Good Man Down - Alabama



HEEL, TOGETHER, HEEL, TOGETHER

- 1 Touch right heel forward
- 2 Return right foot beside left foot (weight remains on left)
- 3 Touch right heel forward
- 4 Return right foot beside left foot (weight transferred to right)

HEEL, TOGETHER, HEEL, TOGETHER

- 1 Touch left heel forward
- 2 Return left foot beside right foot (weight remains on right)
- 3 Touch left heel forward
- 4 Return left foot beside right foot (weight transferred to left)

HEEL, CROSS, HEEL, TOGETHER

- 1 Touch right heel forward
- 2 Touch right heel forward & across in front of left foot
- 3 Return right heel forward, touch same spot as step #1
- 4 Return right foot beside left foot (transferring weight to right foot)

HEEL, CROSS, HEEL, TOUCH

- 1 Touch left heel forward
- 2 Touch left heel forward & across in front of right foot
- 3 Return left heel forward, touch same spot as step #1
- 4 Touch left toe beside the right foot or slightly behind (weight remains on right foot)

STEP, KICK, STEP (TURN), KICK

- 1 Step forward with left foot
- 2 Lift right knee forward in a bent-knee kick
- 3 Step forward with right foot, pivoting ½ turn to left
- 4 Lift left knee forward in a bent-knee kick

STEP, KICK, STEP (TURN), KICK

- 1 Step forward with left foot
- 2 Lift right knee forward in a bent-knee kick
- 3 Step forward with right foot, pivoting ½ turn to left
- 4 Lift left knee forward in a bent-knee kick

SIDE, CROSS, SIDE, STOMP

- 1 Step to left side with left foot
- 2 Cross-step behind left foot with right foot
- 3 Step to left side with left foot
- 4 Stomp right foot beside left foot (weighted stomp transferring weight from left foot to right)

POINT, TOGETHER, POINT, TOGETHER

- 1 Point-touch left toe to left side
- 2 Return left foot beside right foot (transferring weight to left foot)
- 3 Point-touch right toe to right side

4 Return right foot beside left foot (transferring weight to right)

POINT, TOGETHER

* (In continuation of previous 4-count movement)

5 Point-touch left toe to left side

6 Return left foot beside right foot (transferring weight to left foot)

HEEL, CROSS, HEEL, POINT, CROSS-BACK

1 Touch right heel forward

2 Touch right heel forward & across front of left foot

3 Return right heel forward, touch same spot as step #1

4 Point-touch right toe to right side

5 Point-touch right toe across behind left foot

SIDE, CROSS, SIDE, KICK-SCOOT (TURN)

1 Step to right side with right foot

2 Cross-step behind right foot with left foot

3 Step to right side with right foot

4 (pivoting ½ turn to right), lift left knee forward & around in a bent-knee kick, scooting forward on the weighted right

ROCK, BACK, STEP

1 Rock-step forward on the left foot, leaving right leg extended behind

2 Rock-step backward on the right foot, leaving left leg extended forward

3 Step forward on the left foot (weight remains on left), bringing right foot up even beside left

REPEAT
