

Cowtown

拍數: 40 牆數: 0 級數:
編舞者: Nikki Urich (USA) & Patsy Pollock (USA)
音樂: Cow Town - George Strait



MOVING FORWARD AT SLIGHT ANGLE TO RIGHT

- 1 Step right foot forward
- 2 Slide left foot next to right foot
- 3 Step right foot forward
- 4 Slide left foot next to right foot

MOVING FORWARD AT SLIGHT ANGLE LEFT

- 5 Scuff left foot forward
- 6 Slide right foot next to left foot
- 7 Step left foot forward
- 8 Slide right foot next to left

HEEL TWISTS

- 9 Twist both heels to left side
- 10 Twist both heels to center
- 11 Twist both heels to right side
- 12 Twist both heels to center

STEPS & CHUGS

- 13 Touch right toe straight back
- 14 Swing right leg forward into a chug
- 15 Chug
- 16 Step right foot down
- 17 Touch left toe straight back
- 18 Swing left leg forward into a chug
- 19 Chug

STROLL TURNING BODY SLIGHT ANGLE TO RIGHT

- 20 Step left foot forward
- 21 Hook right foot behind left foot
- 22 Step left foot forward

¼ HEEL TURNS

- 23 Touch right heel forward
- 24 Pivot ¼ left on left foot bring right toe down
- 25 Touch right heel forward
- 26 Pivot ¼ left on left foot bring right toe down

HEEL TOUCHES AND SLAPS

- 27-28 Touch right heel forward twice
- 29 Cross right foot in front of left foot and step
- 30 Touch left heel forward
- 31 Bring left foot in front of right leg and touch with right hand
- 32 Touch left heel forward
- 33 Bring left heel behind right leg and touch with right hand
- 34-35 Touch left heel forward twice

- 36 Cross left foot in front of right leg and step
- 37 Touch right heel forward
- 38 Bring right foot in front of left leg and touch with left hand
- 39 Touch right heel forward
- 40 Bring right heel behind left leg and touch with left hand

REPEAT
