

# Cows\*\*\* On My Boots

COPPER KNOB  
BYEBOHEETS

拍數: 64                      牆數: 4                      級數: Intermediate  
編舞者: Ulla Jespersen (DK)  
音樂: Jeg er En Simpel Røgtter - Totalpetroleum



Count 5-6-7-8 while they sing: "Jeeeeeeeeeej" and start dance on "er", as the music really starts  
This dance is dedicated to Jørn Hansen, Kaktus-Klubben, as a tribute to his never-ending work in spreading the interest for good Country-music. (so-called "cows\*\*\* music" as the Danes say. J And one of Jørn's favorite expressions!)

## FORWARD, HEEL, TOE, KICK BALL CHANGE TWICE

1-2                      Forward right, left  
3-4                      Touch right heel forward, step right foot together  
5-6                      Touch left toe backwards, step left foot together  
7&8                      Kick right foot forward, step together, change weight to left foot  
9-16                      Repeat 1-8

## POINT, STEP/POINT, STEP/HEEL, STEP/TOUCH BACK, SHUFFLE, ROCK STEP TWICE

1                      Touch right foot to right side  
&2                      Step right foot next to left foot and touch left foot to left side  
&3                      Step left foot next to right foot and touch right heel forward  
&4                      Step right foot next to left foot and touch left foot back  
5&6                      Shuffle back left, right, left  
7-8                      Step (rock) back on right, recover on left  
9-12                      Repeat 1-4  
13&14                      Shuffle forward left, right, left  
15&16                      Step (rock) forward on right, recover on left

## SIDE ROCK, CROSS-SHUFFLE TWICE

1-2                      Step right on right, recover on left  
3&4                      Cross right over left, step left to left, cross right over left  
5-6                      Step left on left, recover on right  
7&8                      Cross left over right, step right to right, cross left over right

## STEP, PIVOT, SHUFFLE TWICE

1-2                      Step forward on right, pivot left  
3&4                      Shuffle forward right, left, right  
5-6                      Step forward on left, pivot right  
7&8                      Shuffle forward left, right, left

## HEEL-HOOK, HEEL-SWITCHES

1&2                      Right heel forward, hook right leg across left leg, right heel forward  
&                      Step right foot next to left  
3&4                      Left heel forward, hook left leg across right leg, left heel forward  
&                      Step left foot next to right  
5&6                      Right heel forward, step next to left, left heel forward  
&7-8                      Step left next to right and right heel forward, flick right foot up and out, snap fingers on boot

## 4 SHUFFLE'S MAKING A ¾ TURN

1&2                      Shuffle right, left, right while making ¼ turn to the right  
3&4                      Shuffle left, right, left while making ¼ turn to the right  
5&6                      Shuffle right, left, right while turning slightly to the right

7&8

Shuffle left, right, left, ending the turn facing 9:00 wall

**REPEAT**

**On 3, wall ignore the change in the music and carry on**

**TAG**

**On 4, wall skip counts 17-32 and go straight to**

33           Side rock, cross-shuffles

**And so on**

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