

# Cowpattie

拍數: 48      牆數: 0      級數:  
編舞者: Georgeanne Valis (USA)  
音樂: John Deere Green - Joe Diffie



## GRAPEVINES WITH TURNS

- 1-2      Step right foot to the right, step left foot behind right foot
- 3      Step right foot to the right
- 4      Kick left foot turning  $\frac{1}{4}$  turn to the right
- 5-6      Step left foot to the left, step right foot behind left foot
- 7      Step left foot to the left
- 8      Kick right foot turning  $\frac{3}{4}$  turn left on ball of left foot
  
- 9-10      Stomp right foot forward, stomp left foot forward
- 11-12      Stomp right foot forward, stomp left foot forward

## COW PATTIE

- 13-14      Rub right foot along floor slowly (as if scraping off a cow pattie)
- 15-16      Stomp right foot, hold a beat
- 17-18      Rub left foot along floor slowly (as if scraping off a cow pattie)
- 19-20      Stomp left foot, hold a beat
- 21-28      Repeat counts 13-20

## FORWARD SHUFFLES

- 29&30      Right shuffle forward (right, left, right)
- 31&32      Left shuffle forward (left, right, left)
- 33&34      Right shuffle forward (right, left, right)
- 35&36      Left shuffle forward (left, right, left)
  
- 37-38      Shake right foot twice
- 39      Jump with feet apart (like mounting a horse from rear)
- 40      Hold position a beat

### Hold hands in front as if holding reins

- 41      Jump forward with feet still apart
- 42      Jump forward with feet still apart
- 43      Jump forward with feet still apart
- 44      Jump forward with feet still apart

### Swing an imaginary lasso above your head during next 4 beats

- 45      With feet still apart swing hips to the right
- 46      Swing hips to the left
- 47      Swing hips to the right
- 48      Swing hips to the left

## REPEAT