

Cowgirls Goodbye

拍數: 48 牆數: 2 級數:
編舞者: Lance Pritchard (AUS)
音樂: How a Cowgirl Says Goodbye - Tracy Lawrence



- 1-2 Moving to right side (optional hand movements) step right toe to side, drop right heel
3-4 Step left toe in front of right, drop left heel
5-8 Repeat counts 1 to 4
- 1-4 Kick right toe forward twice, tap right toe back twice
5-6 Kick right toe forward twice
7-8 Turning $\frac{1}{4}$ turn to right step on right, tap left next to right
- 1-4 Vine to left (scuffing right heel on step 4)
5-8 Vine to right (tapping left toe on step 4)
- 1-2 Toe heel struts moving backwards (optional hand movements)
3-6 Step back on left toe, place left heel down, repeat right toe/heel strut, repeat left toe heel strut
7-8 Turning $\frac{1}{4}$ turn to right step on right toe, drop right heel
- 1-4 Kick left toe forward twice, tap left toe back twice
5-8 Repeat counts 1 to 4
- 1-4 Touch left toe forward, pivot $\frac{1}{2}$ turn to right on right, repeat
5-8 Step on left toe, drop left heel, double tap right heel

REPEAT

OPTIONAL HAND/HEAD MOVEMENTS ON FIRST 8 STEPS OF DANCE

Point both hands and head to right side on beats 1&2 & 5&6

Point both hands and head to left side on beats 3&4 & 7&8

OPTIONAL HAND MOVEMENTS ON BACKWARD TOE/HEEL STRUTS; (BEATS 25 TO 32)

Beat 25 raise both hands in front at eye level

Beat 26 click fingers of both hands

Beat 27 place right hand to right and left hand to left at chest level

Beat 28 click fingers of both hands

Beats 29 to 32 repeat movements as in 25 to 28.