

Cowgirls Do

COPPER KNOB
BY STEPHENETS

拍數: 72 牆數: 4 級數: Improver two step
編舞者: Rodger Taylor
音樂: What the Cowgirls Do - Vince Gill



SLOW DIAGONAL WALKS; CHASE TURN - HOLD

- 1 Right foot step diagonally forward in front of left foot (10:30)
- 2 Smoothly pass left foot close to right foot, without a weight change (facing 12:00)
- 3 Left foot step diagonally forward in front of right foot (1:30)
- 4 Smoothly pass right foot close to left foot, without a weight change (facing 12:00)
- 5-6 Right foot step diagonally forward in front of left foot (10:30), holding left leg line (hold position)
- 7-8 Right foot rotate 5/8 to left (ending to face 3:00), weight remaining on right foot (hold position)

LEFT COASTER SEQUENCE; SLOW SIDE ROCK

- 9-10 Left foot step backward (9:00), right foot step close to left foot
- 11-12 Left foot step forward (3:00), draw right foot toward left foot
- 13-14 Right foot rock step to right side (6:00, facing 3:00), hold position
- 15-16 Left foot recover step to left side in place (12:00, facing 3:00), hold position

RIGHT BOTA FOGO SEQUENCE; LEFT BOTA FOGO SEQUENCE

- 17-18 Right foot step diagonally forward (1:30), crossing in front of left foot, left foot rock step to left side (12:00)
- 19-20 Right foot step diagonally forward (4:30), hold position
- 21-22 Left foot step diagonally forward (4:30), crossing in front of left foot, right foot rock step to right side (6:00)
- 23-24 Left foot step diagonally forward (1:30), hold position

JAZZ BOX; FORWARD ROND DÉ JAMBE TURN TO CLOSE

- 25-26 Right foot step across in front of left foot (12:00), left foot step backward (9:00, facing 3:00)
- 27-28 Right foot step to right side (6:00, facing 3:00), left foot step diagonally forward (4:30, facing 3:00)
- 29 With legs crossed and weight forward on left foot, sweep and extend right leg around from back to front of weighted left leg
- 30 Continue sweep of extended right leg, rotating 5/8 to left (ending to face 9:00)
- 31-32 Touch right toe close to side of left foot, hold position

HEEL ROCK - TOE ROCK; TRACE TURN TO CLOSE

- 33-34 Right foot rock step to right heel forward (9:00), left foot recover step back in place (3:00)
- 35-36 Right foot rock step to right toe backward (3:00), left foot recover step forward in place (9:00)
- 37-38 Right foot step forward (9:00), rotate on right foot 1/2 to right, tracing left toe on floor close around right foot (facing 3:00)
- 39-40 Touch left toe close to side of right foot, hold position

HEEL ROCK - TOE ROCK; TRACE TURN TO CLOSE

- 41-42 Left foot rock step to left heel forward (3:00), right foot recover back in place (9:00)
- 43-44 Left foot rock step to left toe backward (9:00), right foot recover forward in place (3:00)
- 45-46 Left foot step forward (3:00), rotate on right foot 1/2 to left, tracing right toe on floor close around left foot (facing 9:00)
- 47-48 Touch right toe close to side of left foot, hold position

LOCK STEP; RIGHT PIVOT TURN; SIDE PUSH STEP - HOLD; CLOSE STEP

- 49 Right foot rotating body 1/8 to right, step forward (12:00)
50 Left foot lock step, crossing behind to close left foot behind right foot (12:00)
51-52 Right foot step forward (12:00), rotating 1/2 to right, left foot step backward (12:00), rotating 1/4 to right
53-54 Right foot step forward (12:00), rotating 1/2 to right, left foot step backward (12:00), rotating 1/4 to right
55-56 Left foot step close to right foot, hold position

STOMP SWIVEL; CLOSE ROCK STEP; BRUSH ROND DÉ JAMBE; CLOSE STEP BEHIND

- 57 Right foot stomp diagonally forward (10:30) with right toe in, swiveling right heel to move right toe out
58 Left foot pushing off right heel, step back in place (4:30)
59-60 Right foot rock step close behind left foot, left foot recover step forward in place (facing 9:00)
61 Right foot brush right foot off the floor through left foot, extending right toe forward and sweeping right leg around to right
62 Continue sweeping right leg around, rotating 1/2 to right (facing 3:00)
63-64 Right foot step close behind left foot (9:00), hold position

STOMP SWIVEL; CLOSE ROCK STEP; BRUSH ROND DÉ JAMBE; CLOSE STEP BEHIND

- 65 Left foot stomp diagonally forward (1:30) with left toe in, swiveling left heel to move left toe out
66 Right foot pushing off left heel, step back in place (7:30)
67-68 Left foot rock step close behind right foot, right foot recover step forward in place (facing 3:00)
69 Left foot brush left foot off the floor through right foot, extending left toe forward and sweeping left leg around to left
70 Continue sweeping left leg around, rotating 1/2 to left (facing 9:00)
71-72 Left foot step close behind right foot (3:00), hold position

REPEAT
