Cowgirls & Switches



拍數: 32 牆數: 4 級數: High Intermediate

編舞者: Scott Blevins (USA)

音樂: Cowboys & Kisses - Anastacia



1-2&	Step side right with right foot, step left foot behind right foot, step right foot across and in front of left foot
3-4&	Step side left with left foot, step right foot behind left foot, step left foot across and in front of right foot
5-6&	Make ¼ turn right stepping with right foot, make ¼ turn right stepping with left foot, make ½ turn right stepping with right foot (turning vine)
7-8&	Cross body lunge stepping left foot across and in front of right foot, recover onto right foot, make ¼ turn left stepping with left foot
1&2&	Make $\frac{1}{2}$ turn left stepping back with right foot, make $\frac{1}{2}$ turn left stepping forward with left foot, step forward with right foot, lock step left foot behind right foot
3-4	Step forward with right foot, make ½ turn right on right foot pointing left foot to left side
5-6&	Step left foot across and in front of right foot, step side right with right foot, step left foot together with right foot
7&8&	Step right foot across and in front of left foot, make $\frac{1}{2}$ right stepping back with left foot, make $\frac{1}{2}$ turn right stepping forward on right foot, make $\frac{1}{2}$ turn right stepping back on left foot
1&2	Rock back on right foot, recover onto left foot, make ¼ turn left stepping side right with right foot pointing left foot to left side
3&4	Rock back on left foot crossing behind right foot, recover onto right foot, step forward and on an angle to left with left foot
5-6	Right skater step, left skater step
7&8&	Make ¼ turn right with right foot, make ¼ turn right stepping left to left side, rock right behind left foot, recover onto left foot
1&2	Make $\frac{1}{4}$ turn left stepping back on right foot, make $\frac{1}{2}$ turn left stepping forward on left foot, step forward on right foot
3&4	Make ½ turn right stepping back on left foot, make ½ turn right stepping forward on right foot, step forward on left foot
5&6&	Step forward on right foot, pivot ¼ turn left onto left foot, step right foot across and in front of left foot, make ¼ turn right stepping back on left foot
7&8&	Make $\frac{1}{2}$ turn right stepping forward on right foot, make $\frac{1}{4}$ turn right stepping side left with left foot, rock right behind left foot, recover onto left foot

REPEAT