

# Cowgirl's Blues

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Roland (Gutz) Gutzwiller (CH)  
音樂: Even Cowgirls Get The Blues - Vicky Layne



## LEFT SAILOR STEP, RIGHT SAILOR STEP, SHUFFLE FORWARD ½ TURN LEFT

1&2      Step left behind right, step right to right side, step left to left side  
3&4      Step right behind left, step left to left side, step right to right side  
5&6      Step left forward, step right beside left, step left forward  
7-8      Step right forward, on left pivot ½ to the left

## RIGHT SHUFFLE FORWARD, LEFT CROSS ROCK FORWARD

9&10      Step right forward, step left beside right, step right forward  
11-12      Cross rock left over right, rock back on right

## POINT LEFT TO LEFT, FORWARD, POINT RIGHT TO RIGHT, FORWARD,

13-14      Point left toe to the left, step left in front of right  
15-16      Point right toe to the right, step right in front of left

## POINT LEFT TO LEFT, FORWARD, POINT RIGHT TO RIGHT, FORWARD,

17-18      Point left toe to the left, step left in front of right  
19-20      Point right toe to the right, step right in front of left

## LEFT STEP BACK ¼ T RIGHT, RIGHT STEP BACK ¼ T RIGHT, SHUFFLE FORWARD 1/1 TURN RIGHT

21-22      Step left behind right with ¼ turn right, step right forward with ¼ turn right  
23&24      Step left forward with ¼ turn right, on left turn ½ to the right and step right forward, step left forward with ¼ turn right

## STEP ON RIGHT (HIP), STEP ON LEFT (HIP), RIGHT SHUFFLE BACKWARDS

25      Step on right pushing hip forward 45 degrees right,  
26      Step on left pushing hip forward 45 degrees left  
27&28      Step right back, step left beside right, step right back

## STEPS BEHIND AND FORWARD WITH 1 ½ TURN LEFT

29      Turn ½ to the left on right and step left forward \*  
30      Turn ½ to the left on left and step right behind left \*  
31      Turn ½ to the left on right and step left forward \*  
32      Rock step forward on right

Styling note: put the arms out horizontal to the floor for balance as well as fun (optional)

**REPEAT**