

# Cowgirl Dreams

**COPPER KNOB**  
STEPPERS

拍數: 72      牆數: 4      級數: Intermediate  
編舞者: Vic Woolnough (UK) & Carla Woolnough (UK)  
音樂: Catalog Dreams - Joni Harms



## HITCHES WITH THIGH SLAPS, COASTER STEP, HOLD

1-2      Touch right to right side, hitch right knee across left and slap right thigh with left hand  
3-4      Touch right to right side, hitch right knee across left and slap right thigh with left hand  
5-8      Step back right, step left beside right, step forward right, hold

## HITCHES WITH THIGH SLAPS, COASTER STEP, HOLD

9-10      Touch left to left side, hitch left knee across right and slap left thigh with right hand  
11-12      Touch left to left side, hitch left knee across right and slap left thigh with right hand  
13-16      Step back left, step right beside left, step forward left, hold"

## HEEL TOUCH, TOE TOUCH, HEEL TOUCH, TOE SLAP, HEEL TAPS, TOE DIGS

17-18      Touch right heel forward, hook right across left touching right toe to floor  
19-20      Touch right heel forward, slap right toe down raising right heel  
21-22      Tap right heel twice (weight on right)  
23-24      Dig left toe back twice (while leaning forward)

**Dancers wearing hats may like to touch the brim when leaning forward and digging their left toe on steps 23-24**

## ¼ TURN, ¼ TURN, JAZZ BOX

25-26      Step forward left, turn ¼ right  
27-28      Step forward left, turn ¼ right  
29-30      Cross left over right, step back on right  
31-32      Step left to left side, touch right beside left

## TOE STRUTS TWICE, ¼ TURN, HOLD, ½ TURN, HOLD

33-36      Right toe strut, left toe strut  
37-38      Step ¼ right on right, hold  
39-40      Pivot ½ turn right on ball of right stepping back on left, hold

## ¼ TURN INTO SIDE CLOSE SIDE, HOLD, CROSS ROCK, TOGETHER, HOLD

41-42      Pivot ¼ turn right on ball of left stepping right to right side, step left beside right  
43-44      Step right to right side, hold  
45-46      Cross left over right, rock back on right  
47-48      Step left beside right, hold

## CROSS ROCK, TOGETHER, HOLD, CROSS UNWIND ¾

49-50      Cross right over left, rock back on left  
51-52      Step right beside left, hold  
53-56      Cross left over right, unwind ¾ turn right (weight ending on left)

## LOCK STEP, HOLD, TRIPLE FULL TURN, HOLD

57-60      Step forward right, lock left behind right, step forward right, hold  
61-64      Triple full turn over right shoulder stepping left, right, left, hold

## LOCK STEP, HOLD, TRIPLE FULL TURN, HOLD

65-68      Step forward right, lock left behind right, step forward right, hold  
69-72      Triple full turn over right shoulder stepping left, right, left, hold

## **REPEAT**

### **TAG**

The tag is danced once after the 4th wall (i.e., facing front wall)

### **RUMBA BOX**

1-4 Step right to right side, step left beside right, step forward right, hold

5-8 Step left to left side, step right beside left, step back left, hold

### **FINISH**

The dance ends nicely on the 16th count of the 7th wall. This can be done with a little style by dipping on the 15th count with the left knee well bent, and stretching left arm forward and right arm back, (or touching the brim if wearing a hat) and holding on the 16th count.

---