

Cowboys Lie

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Amanda Delisle (USA)
音樂: Anticipating - Britney Spears



WALK FORWARD, FEET OUT AND TOGETHER, JAZZ BOX WITH SWEEP TOUCH

1-2 Step forward on right foot while leaning slightly back for style, step together with left foot
&3&4 Step out on right, step out on left, step together on right, step together on left
5-8 Cross right over left, step left back slightly, step right to right side, touch left behind right

¼ TURN, ½ TURN, TRIPLE BACK, BODY ROLL

9-10 Step left ¼ to left, step right ½ turn to left
11-12 Triple back left, right, left
13-14 Body roll down, stepping right foot slightly back
15-16 Stand up, and sit back down onto the right foot

CROSS TOUCH, ½ TURN, ROCK & STEP, FULL TURN

17-18 Cross left in front of right putting weight on it, point right to right side
19&20 Cross right in front of left, step left ¼ turn to right, step right ¼ turn to right
21&22 Rock in left in front of right, replace weight to right, step left to left side
23-24 Sweep right around left, creating a full turn turning to the left, weight staying on left foot

KICK & STEP, ¼ TURN STEP TOGETHER, ROCK & CROSS, TRIPLE STEP

25&26 Kick right forward, rock back on right, replace weight to left
27-28 Step right to right side making a ¼ turn to right, step left next to right making ¼ turn to left
&29-30 Rock right to right side, replace weight to left, cross right over left
31&32 Triple forward left, right, left, making ¼ turn to left

REPEAT

TAG

Tag begins on the second wall, after you finish the first wall, and then you do the dance twice more and repeat the tag. After that you just finish the dance straight through without any more tags

KICK WITH KNEE POPS TWICE, SHOULDER ROLLS WITH ¼ TURN

1&2& Kick right foot forward, step right next to left transferring weight to both feet with legs together, bend knees and open legs slightly while turning slightly to the right corner diagonally, then close them and stand back up
3&4& Repeat steps 1&2& with the left foot
5&6 Roll right shoulder back while rolling right knee out to the right, roll left shoulder back while rolling left knee out to left, roll right shoulder back while rolling right knee out to right making a ¼ turn to right, weight should now be forward on right foot
7-8 Body roll back transferring weight back to left foot

KICK BALL STEP, STEP TOUCH, ROCK & CROSS, PIROUETTE

9&10 Kick right forward, step on right next to left, step left forward
11-12 Step right forward, making ¼ turn to left, touch left next to right
13&14 Rock left to left side, replace weight to right, cross left over right
15-16 Full turn to right on left foot, hitching right foot up as you turn