

The Cowboys Dance

拍數: 32 牆數: 1 級數: Improver
編舞者: Jon Peppin (AUS) & Ray Graham (AUS)
音樂: Hampsterdance Song - Roger Miller



- 1-2-3&4 Step/rock right to right side, rock/return weight onto left, triple step on the spot - right, left, right
5-6 Kick left foot forward, kick left foot to left side
7&8 Left backward coaster step - step left back, step right beside left, step left forward
- 1-2&3 Step right to right side, step left behind right, step right to right side, step left across in front of right
4-5-6 Step right to right side, step/rock back on left turning ¼ turn left, step/rock right forward
7&8 Left shuffle forward - step left forward, step right up to left, step left forward
- 1&2 Right kick, ball change moving forward - step right beside left, step left beside right
3&4 Right kick, ball change moving forward - step right beside left, step left beside right
5-6 Step/rock right forward, rock/replace weight back on left
7-8 Touch right toe back, pivot ½ turn right - placing weight onto right
- 1-2 Step left forward, pivot ½ turn right - placing weight on right
3-4 Step left forward, pivot ¼ turn right - placing weight on right
5&6&7&8 Hat dance - touch left heel forward, step left beside right, touch right heel forward, step right beside left, touch left heel forward, step left beside right, touch right heel forward

REPEAT

TAG

- 1&2-3&4 Step right to right side - double hips right, double hips left
5-6-7-8 Hips - right, left, right, left
- 1-2-3-4 Stomp in place - right, left, clap hands twice
5-6-7-8 Stomp in place - right, left, clap hands twice
- 1-2-3-4 Bounce on both heels 4 times
5-6-7-8 Push right hand out to right side - waist high, return right hand to belt, push left hand out to left side - waist high, return left hand to belt
- 1-2-3-4 Step left across in front of right, shimmy shoulders while pivoting ½ turn right for 3 counts.-
.placing weight on left
5-6-7-8 Step right forward, pivot ¼ turn left - placing weight on left, step right forward, pivot ¼ turn left
- placing weight on left

SEQUENCES

All bridges are done at the end of walls and tags as listed

Wall 1&2: clap hands twice

Wall 3&4: nil

Wall 5: 1st tag (clap hands 4 times)

Wall 6&7: clap hands twice

Wall 8&9: nil

Wall 10: 2nd tag (nil)

Wall 11&12: nil

Wall 13: 2 claps

