

Cowboys

拍數: 64 牆數: 1 級數: Intermediate
編舞者: Terry Hogan (AUS)
音樂: Cowboys Are My Weakness - Holly Dunn



- 1&2 Shuffle to the left side, left-right-left
3&4 Step right foot across in front of left, step left to the left side, step right foot across behind left
- 5-6 Step left foot to the left side, touch right foot beside left
7-8 Step right foot to the right side, step left foot beside right
- 9 Kick right foot forward
10&11 Small shuffle backward right-left-right
12 Kick left foot forward
- 13 Step backward on left
14-16 Kick right foot forward, step backward on rm kick left foot forward
- 17&18 Shuffle forward left-right-left
- 19&20 Shuffle forward right-left-right making ½ turn left
21&22 Shuffle backward left-right-left (but still toward the front) making ½ turn left (to finish facing front)
- 23-24 Step to the right side on right foot pushing hips to the right, replace weight on left foot pushing hips to the left
- 25&26 Shuffle to the right side right-left-right, making ¼ turn left on ball of right foot on 3rd step of shuffle
27-28 Step left foot backward, rock forward onto right
- 29&30 Shuffle forward left-right-left
31-32 Small step forward on right foot, make ¾ pivot turn left on ball of right foot, stepping forward onto left foot to finish facing front.
- The right leg will be crossed behind the left when you finish this move.**
These next 32 counts are a 'mirror' of the previous steps.
- 33&34 Shuffle to the right side right-left-right
35&36 Step left foot across in front of right, step right to the right side, step left foot across behind right
- 37-38 Step right foot to the right side, touch left foot beside right
39-40 Step left foot to the left side, step right foot beside left
- 41 Kick left foot forward
42&43 Shuffle backward left-right-left
44 Kick right foot forward
- 45 Step backward on right
46-48 Kick left foot forward, step backward on left, kick right foot forward
- 49&50 Shuffle forward right-left-right

- 51&52 Shuffle forward left-right-left, making $\frac{1}{2}$ turn right
- 53&54 Shuffle backward right-left-right (but still toward the front) making $\frac{1}{2}$ turn right (to finish facing front)
- 55-56 Step to the left side on left foot pushing hips to the left, replace weight on right foot pushing hips to the right
- 57&58 Shuffle to the left side left-right-left, making $\frac{1}{4}$ turn right on ball of left foot on 3rd step of shuffle
- 59-60 Step backward on right foot, rock forward onto left
- 61&62 Shuffle forward right-left-right
- 63-64 Small step forward on left foot, make $\frac{3}{4}$ pivot turn right on ball of left foot stepping forward onto right foot to finish facing front

The left leg will be crossed behind the right when you finish this move.

REPEAT

To make this a more advanced dance, try alternating lines starting on the opposite foot. For example, 1st line starts to the left while the 2nd starts on count 33 to the right. Everyone still faces front.
