

Cowboyray

拍數: 32 牆數: 0 級數:
編舞者: Cowboyray (USA)
音樂: Unknown



Position: Start in Cape Position

1-2-3&4 (Start left foot) a basic cha-cha forward & back
5-6-7&8 (Now right foot) a basic cha-cha back & forward

1-2-3&4 Left foot forward, $\frac{1}{2}$ right turn, shuffle forward on left foot
5&6 Pivot turn to left $\frac{1}{4}$ on right foot
7&8 Pivot $\frac{1}{4}$ so you made a $\frac{1}{2}$ turn to your left

Add a little sway as you pivot

1&2-3&4 Turn $\frac{1}{4}$ to left and shuffle sideways on right foot with a left back step
5&6-7&8 Shuffle to side on left foot with a right back step

1-2-3&4 Right heel forward & back, left heel forward & back, right heel twice forward & back
5-6-7&8 Left heel forward & back, right heel forward & back, left heel twice forward & back (keep weight on right foot)

REPEAT
