

Cowboy Waltz

拍數: 60
編舞者: Bill Nichols
音樂: Unknown

牆數: 1

級數: Intermediate waltz



- 1 Step left foot long step forward
 - 2 Step right foot next to left
 - 3 Step left foot regular step back
 - 4 Step right foot back
 - 5 Step left foot next to right
 - 6 Step right foot forward
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- 1 Step left foot forward, toe pointed to left diagonal
 - 2 $\frac{1}{4}$ turn left as you step right foot next to left
 - & $\frac{1}{4}$ turn to left as you step back on left foot
 - 3 Step right foot back (now facing opposite beginner direction)
 - 4 Step back on left foot
 - 5 Step right foot next to left
 - 6 Step back on left foot
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- 1 Step right foot forward, toe pointed to right diagonal
 - 2 $\frac{1}{4}$ turn right as you step left foot next to right
 - & $\frac{1}{4}$ turn to right as you step back on right foot
 - 3 Step left foot back (now facing original direction)
 - 4 Step back on right foot
 - 5 Step left foot next to right
 - 6 Step back on right foot
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- 1 $\frac{1}{4}$ turn left as you step left foot forward
 - 2 Pivot $\frac{1}{2}$ turn to left on left foot and step back on right
 - 3 Step back on left foot
 - 4 Step back on right foot
 - 5 Step left foot next to right
 - 6 Step back on right foot
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- 1 $\frac{1}{4}$ turn right as you step right foot forward
 - 2 Pivot $\frac{1}{2}$ turn to right on right foot and step back on left
 - 3 Step back on right foot
 - 4 Step back on left foot
 - 5 Step right foot next to left
 - 6 Step back on left foot
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- 1 Step forward on left foot
 - 2 Pivot $\frac{1}{4}$ turn to left on left foot and step to right on right foot
 - 3 Step left foot next to right
 - 4 Step forward on right foot
 - 5 Step left foot next to right
 - 6 Step forward on right foot
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- 1 Step back on left foot with toe pointed to right
 - 2 $\frac{1}{4}$ turn to right as you step right foot next to left

- 3 ¼ turn to right as you step forward on left foot
- 4 Step forward on right foot
- 5 Step left foot next to right
- 6 Step forward on right foot

VINE LEFT

- 1 Step left foot to left and slightly forward
- 2 Step right foot to left, crossing behind left
- 3 Step left foot to left
- 4 Step right foot to left, crossing in front of left foot
- 5 Step left foot wide to left
- 6 Step right foot next to left

TRAVELING VINE RIGHT

- 1 Step left foot to right, crossing in front of right foot
- 2 Step right foot to right
- 3 Step left foot to right, crossing behind right
- 4 Step right foot to right
- 5 Step left foot next to right
- 6 Turn ¼ turn to right (on left foot) and step forward on right foot

- 1 Step forward on left foot
- 2 Step right foot next to left
- 3 Step back on left foot
- 4 Step back on right foot (toe pointed to left)
- 5 ¼ turn to left as you step left foot to left
- 6 Step right foot next to left (facing original wall)

REPEAT
