

# Cowboy Up

**COPPER** KNOB  
BY STEPHENETS

拍數: 56      牆數: 4      級數: Intermediate  
編舞者: Barbara Chamberlain (AUS) & Irene Williams (AUS)  
音樂: Cowboy Up - Tania Kernaghan



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## (2) BRONCO TWISTS RIGHT, (2) BRONCO TWISTS LEFT, CLAP TO SIDE WITH EACH BRONCO TWIST

- 1-4      Twist on right heel and left toe to right, clap, back to center. Twist on right heel and left toe to right, clap, back to center
- 5-8      Twist on left heel and right toe to left, clap, back to center. Twist on left heel and right toe to left, clap, back to center

## ROCK, ROCK, (2) ½ TURN SHUFFLES, RIGHT COASTER

- 1-2-3&4      Rock forward on right, rock back on left, ½ turn to right: step right into turn, step left to right, step right forward
- 5&6      To finish ½ turn. Continue another ½ turn step left back. Right together, back on left-right
- 7&8      Coaster step: step back on right, step left to right, step right forward

## VINE LEFT, SCUFF RIGHT, VINE RIGHT, STEP LEFT BESIDE RIGHT

Option: full turns instead of vine

- 1-4      Step left to side, step right behind left, step left to side, scuff right
- 5-8      Step right to side, step left behind right, step right to side, step left beside right

## (2) BRONCO TWISTS RIGHT, (2) BRONCO TWISTS LEFT, CLAP TO SIDE WITH EACH BRONCO TWIST

- 1-4      Twist on right heel and left toe to right, clap, back to center. Twist on right heel and left toe to right, clap, back to center
- 5-8      Twist on left heel and right toe to left, clap, back to center. Twist on left heel and right toe to left, clap, back to center

## ½ MONTEREY TURN RIGHT, ¼ MONTEREY TURN RIGHT

- 1-4      Point right toe to side ½ turn on left foot bringing right foot to left, switch weight point left to side then back beside right
- 5-8      Point right toe to side ¼ turn on left foot bringing right foot to left, switch weight point left to side then back beside right

## ROCK, ROCK, (2) ½ TURN SHUFFLES, RIGHT COASTER

- 1-2-3&4      Rock forward on right, rock back on left, ½ turn to right: step right into turn, step left to right, step right forward
- 5&6      To finish ½ turn. Continue another ½ turn step left back, right together, back on left-right
- 7&8      Coaster step: step back on right, step left to right, step right forward

## LEFT HEEL, TOE, BACK, SLAP, STOMP, RIGHT HEEL, TOE, BACK, SLAP, STOMP

- 1-4      Left heel forward, point left to side, bring up behind right leg and slap with right hand, stomp beside right
- 5-8      Right heel forward, point right to side, bring up behind right leg and slap with right hand, stomp beside right

**REPEAT**

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