

Cowboy Up

COPPER KNOB
STEPSHETS

拍數: 40 牆數: 2 級數: Intermediate
編舞者: Allan Watson (AUS)
音樂: Cowboy Up - Tania Kernaghan



STRUTS FORWARD

1-2 Right heel slap toe down
3-4 Left heel slap toe down
5-6 Right heel slap toe down
7-8 Left heel slap toe down

MONTEREY TURN

1 (Monterey turn) touch right toe to right side
2 Turn ½ turn right, step right together
3-4 Touch left toe to side, step left together
5 (Monterey turn) touch right toe to right side
6 Turn ½ turn right, step right together
7-8 Touch left toe to side, step left together

ROCK CROSS WITH A CHA-CHA

1-2 Step right across left, rock on left
3&4 Cha-cha right, left, right to right side
5-6 Step left across right, rock on right
7&8 Cha-cha left, right, left to left side

DOROTHY STEPS

1&2 Step forward on right, lock left behind right forward right
3&4 Step forward on left, lock right behind left forward left

ROCK WITH ½ TURN RIGHT WITH CHA-CHA

1-2 Rock forward on right, return weight on left foot
3&4 Turning ½ turn to right with cha-cha right, left, right

STAR STEP

1-4 Left toe forward, left to side, left toe back, left together beside right
5-8 Right toe forward, right to side, right toe back, right together beside left

REPEAT
