

The Cowboy Stomp

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數:
編舞者: Rick Bates (USA) & Deborah Bates (USA)
音樂: Eugene You Genius - Bryan White



JUMP FORWARD, JUMP BACK, HIP BUMPS

& Jump forward onto right foot
1 Jump forward onto left foot
2 Hold and clap hands
& Jump back onto right foot
3 Jump back onto left foot
4 Hold and clap hands
5-6 Bump hips to the right twice
7-8 Bump hips to the left twice

SIDE SYNCOPATED ROCK STEPS, JUMP, CROSS, UNWIND

9 Step to the right onto ball of right foot
& Push off ball of right foot shifting weight onto left foot
10 Step right foot to home
11 Step to the left onto ball of left foot
& Push off ball of left foot shifting weight onto right foot
12 Step left foot home
13-14 Jump feet about shoulder width apart; jump and cross right foot over left
15-16 Unwind ½ turn to the left; hold and clap hands

JUMP FORWARD, JUMP BACK, TURNING JAZZ SQUARE

& Jump forward onto right foot
17 Jump forward onto left foot
18 Hold and clap hands
& Jump back onto right foot
19 Jump back onto left foot
20 Hold and clap hands
21 Cross right foot over left and step
22 Step back onto left foot in place
23 Step to the right on right foot making a ¼ turn to the right with the step
24 Step left foot next to right

SHUFFLE FORWARD, TURNING SHUFFLE, ROCK STEPS

25&26 Shuffle forward (right, left, right)
27&28 Shuffle forward (left, right, left)
29&30 Shuffle forward (right, left, right) making a ½ turn to the left on these steps
31-32 Step back onto left foot; rock forward onto right foot in place

SHUFFLE FORWARD, TURNING SHUFFLE, ROCK STEPS

33&34 Shuffle forward (left, right, left)
35&36 Shuffle forward (right, left, right)
37&38 Shuffle forward (left, right, left) making a ½ turn to the right on these steps
39-40 Step back on right foot; rock forward onto left foot in place

FORWARD JUMPS, WIGGLE DOWN, WIGGLE UP

41 Jump forward onto both feet

& Shake shoulders and begin to bend knees
42 Continue to shake shoulders and finish bending knees
43 Shake shoulders and begin to straighten knees
& Continue to shake shoulders and finish straightening knees
44 Hold and clap hands
45-48 Repeat counts 41 through 44

REPEAT
