Dancin' Bone



拍數: 32 牆數: 0 級數:

編舞者: Kathy King (USA)

音樂: Drinkin' Bone - Tracy Byrd



RIGHT SIDE LINDY; LEFT SIDE SHUFFLE WITH TURN ½ TO RIGHT; WALK FORWARD RIGHT; STOMP LEFT FOOT

1&2-3-4 Right side shuffle; rock back on left, recover on right.

5&6-7-8 Left side shuffle turning ½ to right; step forward with right, stomp left foot to place

TWO SYNCOPATED HEELS (LEFT, RIGHT); TAP LEFT HEEL FORWARD & HOLD (CLAPPING TWICE &4); TOUCH LEFT TOE TO FRONT, LEFT SIDE, LEFT SAILOR STEP

1&2&3-4 Tap left heel forward, bring to place; tap right heel forward, bring to place; tap left heel

forward, and hold for count 4.

5-6-7-8 Touch left toe forward, touch left toe to left side, step left foot in back of right, step right to

right, step left to left and slightly forward

ONE ½ PIVOT TO LEFT; ONE ¼ PIVOT TO LEFT; (RIGHT) BEHIND, (LEFT) SIDE, (RIGHT) CROSS; TOUCH LEFT TOE TO LEFT SIDE; CROSS LEFT FOOT OVER RIGHT AND TURN ¼ TO LEFT

1-2-3-4 Step right forward and pivot ½ to left; step right forward and pivot ¼ to left.

5&6-7-8 Step right behind left, step left to left, step right across left; touch left to left side; step left

across right and turn 1/4 to left

LEFT HEEL JACK, RIGHT HEEL JACK; FIRST HALF OF 1/4 TURN MONTERREY; LEFT FORWARD SHUFFLE

Step back with right, tap left heel forward, step left to place, step right to place Step back with left, tap right heel forward, step right to place, step left to place

5-6-7&8 Touch right toe to right; turn ¼ to right, step right to place (this is first ½ of a Monterey);

shuffle forward with left

REPEAT

RESTART

When Tracy says "sing it with me one more time" - Dance first 28 counts (through the heel jacks) and when he starts in again, you start the dance over again and finish through the 32 counts.