

# The Dance

拍數: 64      牆數: 4      級數:  
編舞者: Leonie Smallwood (AUS)  
音樂: Our Town - Iris DeMent



- 1-2            Step forward right, step forward left  
3-6            Step forward right, rock back onto left, step back right, rock forward onto left
- 7-8            Step forward right, step forward left  
9-12          Step forward right, rock back onto left, step back right, rock forward onto left
- 13-16        Step forward right, pivot ¼ turn left, step forward right, pivot ¼ turn left
- 17-18        With right foot off floor turn right knee in, turn right knee out  
19-20        Kick right to right side, step right in front of left  
21-22        With left foot off floor turn left knee in, turn left knee out  
23-24        Kick left to left side, step left in front of right
- 25-26        Kick right to right side, step right in front of left  
27-28        Kick left to left side, step left in front of right  
29-30        Kick right to right side, touch right on front of left  
31-32        Kick right to right side, step right behind left
- 33-34        Kick left to left side, step left behind right  
35-36        Kick right to right side, step right behind left  
37-38        Kick left to left side, touch left behind right  
39-40        Kick left to left side, step left in front of right
- 41-42        Step forward right (turning body slightly to left), rock back onto left  
43-44        Step back right (turning body slightly to right), rock forward onto left  
45-48        Full turn left (right-left) traveling forward, step forward right (turning body slightly to left), rock back onto left
- 49-50        Step back right (turning body slightly to right), rock forward onto left  
51-52        Step forward right (turning body slightly to left), rock back onto left  
53-54        Full turn right (right-left) traveling back  
55-56        Step back right (turning body slightly to left), rock forward onto left
- 57-58        Sweep right foot in a circular motion from right to left making a ½ turn left, finishing with right foot beside left  
59-60        Transfer weight to right, hold  
61-62        Sweep left foot in a circular motion from right to left making a ½ turn left, finishing with left foot beside right  
63-64        Transfer weight to left, hold
- The final step is best visualized as using the foot to trace a semi-circle on the floor in front of the body, use the momentum of the sweep to make the turn**

**REPEAT**