

Dance!

拍數: 0 牆數: 4 級數: Improver
編舞者: Sophie Turner (UK)
音樂: I Hope You Dance - Ronan Keating



Sequence: AAB AAB BAB BB ENDING

SECTION A

SIDE, CLOSE, COASTER STEP, RIGHT SHUFFLE, SCUFF STEP BALL CHANGE

1-2 Step to side on left, close right to left taking weight on right
3&4 Step back on left, close right next to left, step forward on left
5&6 Step forward on right, close left next to right, step forward on right
&7&8 Scuff left through, step onto left, step onto right ball change

HEEL GRIND, STEP, RIGHT SHUFFLE BACK, LEFT SHUFFLE BACK, HEEL BALL POINT

9-10 Heel grind making $\frac{1}{4}$ turn to right, step back on left
11&12 Right shuffle back shuffle back
13&14 Left shuffle back, shuffle back
15&16 Dig right heel forward, step right in place, point left toe to left side

LEFT SAILOR STEP, RIGHT SAILOR STEP, POINT CROSS, CHASSE TO LEFT

17&18 Step left behind right, step to side on right, step to side on left
19&20 Step right behind left, step to side on left, step to side on right
21-22 Point left to left side, pull left knee across in front of right knee
23&24 Step to side on left, close right to left, step to side on left

POINT, POINT, RIGHT SHUFFLE FORWARD, STEP, DRAG RIGHT SHUFFLE FORWARD

25-26 Point right toe to the front, point right toe to the right side
27&28 Step forward on right, close left next to right, step forward on right
29-30 Make a large step forward on left and drag right up behind left
31&32 Step forward on right, close left next to right, step forward on right

SECTION B

STEP BACK, DRAG, RIGHT SHUFFLE BACK, TRIPLE STEP TURN, TRIPLE STEP TURN

1-2 Step back on left, drag right back next to left back drag
3&4 Step back on right, close left next to right, step back on right
5&6 Triple step left right left making a $\frac{1}{2}$ turn to left
7&8 Triple step right left right making a $\frac{1}{2}$ turn to left

STEP, HOOK, RIGHT SHUFFLE FORWARD, DIG, HOOK, STEP, CLOSE

9-10 Step back left, hook right in front of left and doff hat/click
11&12 Step forward on right, close left next to right, step forward on right
13-14 Dig left, hook left in front of right and doff hat/click
15-16 Step forward left, close right next to left taking weight on right

ENDING

1-2-3&4 Rock onto left, recover onto right, cross chasse to right
5-6-7&8 Rock onto right, recover onto left, cross chasse to left
9-10 Step to side on left, drag right to left, doff hat/click