

Dance Yourself Dizzy

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Charles Richman (UK)
音樂: Dance Yourself Dizzy - Liquid Gold



SIDE, CLOSE, CHASSE TO RIGHT WITH ¼ TURN RIGHT, ½ PIVOT TURN RIGHT, RIGHT SHUFFLE

1-2 Step right to right side, step left beside right
3&4 Step right to right side, step left beside right, step forward right turning ¼ right
5-6 Step forward left, pivot ½ turn over right shoulder
7&8 Step forward left, step right beside left, step forward left

¼ PIVOT TURN LEFT, CROSS, SIDE, SAILOR STEP, CROSS, UNWIND ½ TURN LEFT

1-2 Step forward right, pivot ¼ turn over left shoulder
3-4 Cross right over left, step left to left side
5&6 Cross right behind left, step left to left side, step right to right side
7-8 Cross left behind right, unwind ½ turn over left shoulder (weight ends on left)

RIGHT KICK BALL CHANGE, 2 RIGHT KICK BALL CHANGES TURNING ½ LEFT, RIGHT KICK BALL POINT

1&2 Kick right forward, step right beside left, step left in place
3&4 Kick right forward, step right beside left, step left in place turning ¼ left
5&6 Kick right forward, step right beside left, step left in place turning ¼ left
7&8 Kick right forward, step right beside left, point left to left side

WEAVE TO RIGHT, SIDE ROCK CROSS, STEP BACK, BALL CROSS, HOLD

1-3 Cross left over right, step right to right side, cross left behind right
4&5 Step right to right side, rock onto left, cross right over left
6 Step back on left
&7 Step right to right side, cross left over right
8 Hold, click both fingers

REPEAT

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After walls 2, 6, & 9

GRAPEVINE TO RIGHT, ROLLING GRAPEVINE TO LEFT

1-4 Step right to right side, cross left behind right, step right to right side, touch left beside right & clap
5-8 Step forward left turning ¼ left, step right to right side turning ¼ left, step left to left side turning ½ left, touch right beside left & clap
1-8 Repeat

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After wall 4

GRAPEVINE TO RIGHT, ROLLING GRAPEVINE TO LEFT, HIP BUMPS

1-4 Step right to right side, cross left behind right, step right to right side, touch left beside right & clap
5-8 Step forward left turning ¼ left, step right to right side turning ¼ left, step left to left side turning ½ left, touch right beside left & clap
1-4 Four hip bumps right-left-right-left

A big thank you to my "Thursday Morning Girls" (Hazel, Jean B, Jean G, Kathy, Maureen and Olive) for inspiring me to choreograph another dance and for all your help with it

